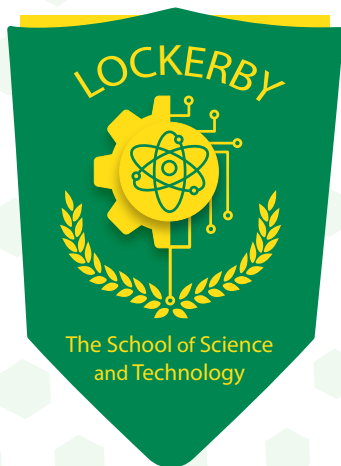


# Parent/ Guardian Handbook

A Guide to High School





# Welcome

This booklet is the first step to enhance communication between your home and Lockerby Composite School. Please keep this publication as a handy reference throughout the year. Welcome to the Viking Community!

## Inside

- 3**      **Definitions**
- 4-5**    **Schedules and Bell Times**
- 6**      **Decoding a Course Code**
- 7**      **Course Names and Codes**
- 8**      **Academic and Applied Curriculum**
- 9**      **STEP**
- 10**     **STEP Experiences**
- 11**     **STEP Grade 11 and 12**
- 12**     **Specialist High Skills Major**
- 14**     **Electives**
- 15-16** **Examinations/Culminating Activities**
- 17**     **School Policies and Procedures**
- 18**     **Stay in Touch**
- 19**     **Student Services**
- 20**     **Volunteering & Community Service**
- 21**     **Mental Health Resources**
- 22-23** **Sports, Clubs & Committees**
- 24**     **Cancer Drive**
- 25**     **School Council**
- 26-27** **School Cash Online & Chartwells Cafeteria**

# Definitions

## Community Service Hours

Students must complete 40 community service hours, at any time in secondary school, as part of the Ontario Secondary School Diploma (OSSD) requirements.

## Compulsory Course

This is a specific course students must take that fulfills part of the Ontario Secondary School Diploma (OSSD) requirement.

## Course Code

This six-character code describes the subject, grade-level and stream or destination of a secondary school course.

## Credit

A credit value of 1.0 is granted upon successfully completing a 110-hour course with a minimum of 50%.

## Culminating Activity

Students may be asked to complete a course culminating activity, which is a major project for each course. There are a variety of assessment practices that teachers may use to address the individual learning styles of all students.

## Education Quality and Accountability Office (EQA0)

### Mathematics (Grade 9)

The Grade 9 Assessment of Mathematics provides individual and system data on student knowledge and skills based on the curriculum expectations in Grade 9 mathematics programs. All students in these programs are required to participate.

### Literacy Test (Grade 10)

The literacy test is written in Grade 10. A student must pass the literacy requirement to earn an OSSD. The purpose of this test is to ensure that students have acquired the essential reading and writing skills that apply to all subject areas in and up to the end of Grade 9. Students who are unsuccessful are provided alternative options to achieve this graduation requirement.

## Examinations (Exams)

Students may write an exam, which tests their knowledge on the entire course work, at or near the end of the semester.

## Full Year Course

Full year courses occur from September to June. Students will study full year courses from the beginning of the school year to the end. Reporting for these courses occur three times per school year (November, February and June).

## Ontario Secondary School Diploma (OSSD)

The Ontario Secondary School Diploma is granted after fulfilling all necessary credit, literacy, and community service hour requirements.

## Optional Courses

Students will select 12 courses that are of specific interest to them and which will count towards the 30-credit OSSD requirement.

## Prerequisite Course

This is a specific course students must successfully complete before taking another course at the next grade-level.

## Semester

The school year is divided into two semesters. A student will take four courses in each semester.

## Student Success

Secondary schools have staff and programs in place to support and improve student learning.

## Timetable

A timetable outlines the course, time, room number, lunch period, teacher, and semester in which students will take all of their courses.

# Sample Grade 9 Destreamed Schedule

	<b>Course Code and Section</b> Course and specific class	<b>Teacher Name</b>
	<b>Day 1</b>	<b>Day 2</b>
<b>Period 1</b> <b>8:25-9:40</b>	SNC1WO-01 Science Potvin, V 117	SNC1WO-01 Science Potvin, V 117
<b>Period 2</b> <b>9:44-10:59</b>	TAS10-03 Exploring Technologies Coulas, B 152	TAS10-03 Exploring Technologies Coulas, B 152
<b>Lunch 10:59-11:51</b>	Lunch	Lunch
<b>Period 3</b> <b>11:51-1:06</b>	ENL1WO-01 English MacLellan, Z 202	AMU100-02 Music Jensen, M 235
<b>Period 4</b> <b>1:10-2:25</b>	AMU100-02 Music Jensen, M 235	ENL1WO-02 English MacLellan, Z 202

## Class Block

Class times are in 75 minute blocks and are based on a tumbling two day rotating schedule.

## Room number

# Sample Grade 9 STEP Student Schedule

Students in Grades 9 and 10 will be studying Science, Technological Design, Mathematics, and Geography for their entire school year. Combining these courses allows students to participate in integration days. Under our STEP model, students will complete their other courses (English, Physical Education, French/Ojibwe, and Visual Arts/Music) while following a conventional semestered framework. In an evolving world that relies on the connection between science and technology, our enriching program structure provides students with an opportunity to solve complex problems, supporting year-round student learning.

	Semester 1 (September to January)					Semester 2 (February to June)				
Period	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
1	Science	Math	Science	Math	Integration Day	Science	Math	Science	Math	Integration Day
2	Tech	Geography	Tech	Geography		Tech	Geography	Tech	Geography	
3	Course 1					Course 3				
4	Course 2					Course 4				

## Bell Times

TIME	DESCRIPTION
8:15	Warning Bell
8:20 – 8:25	Homeroom
8:25 – 9:40	Period 1
9:44 – 10:59	Period 2
10:59 – 11:51	Lunch
11:51 – 1:06	Period 3
1:10 – 2:25	Period 4

# Decoding a Course Code

Courses use a six-character course code for identification. The first five characters of the course code are set out by the Ministry of Education. The sixth character is used by school boards to identify a specific characteristic of the course.

T

This letter identifies the teaching/learning pathway at the school

O = General preparations

I = French Immersion preparations

T = STEP preparations

W

This letter identifies the course type for Grades 9 - 10

D = Academic/Destreamed

P = Applied

L = Locally Developed

O / W = Open/Destreamed

1

This number identifies the grade

1 = Grade 9

2 = Grade 10

3 = Grade 11

4 = Grade 12

CGC

These three letters identify the subject

A = Arts

B = Business

C = Canadian and World Studies

E = English

F = French

G = Guidance and Career Education

H = Humanities and Social Sciences

L = Languages

M = Mathematics

P = Physical Education

S = Science

T = Technology



# Grade 9 Course Names and Codes

## Lockerby Pathways

<b>STEP English Program</b>	<b>STEP French Immersion Program</b>
English (ENL1WT)	English (ENL1WT)
Science (SNC1WT)	Science (SNC1WT)
Geography (CGC1DT)	Géographie (CGC1WI)
Physical Education (PPL1O0)	Éducation Physique (PPL1OI)
Exploring Technologies (TDJ10T)	Initiation à la Technologie (TDJ10I)
Mathematics (MTH1WT)	Français (FIF1DI)
French (FSF1D0) or Ojibwe (LNOAO0)	Mathematics (MTH1WLT)
Visual Arts (AVI1O0) or Music (AMU1O0)	Visual Arts (AVI1O0) or Music (AMU1O0)
Instrumental Music - Concert Band (AMI1OB)	Instrumental Music - Concert Band (AMI1OB)

<b>Destreamed English Program</b>	<b>Destreamed French Immersion Program</b>	<b>Locally Developed</b>
English (ENL1W0)	English (ENL1W0)	English (ENG1L0)
Science (SNC1W0)	Science (SNC1W0)	Science (SNC1L0)
Mathematics (MTH1W0)	Mathematics (MTH1W0)	Mathematics (MAT1L0)
Geography (CGC1W0)	Géographie (CGC1WI)	Geography (CGC1W0)
Physical Education (PPL1O0)	Éducation Physique (PPL1OI)	Physical Education (PPL1O0)
Technology (TAS1O0) or Food and Nutrition (HFN1O0)	Français (FIF1DI)	Technology (TAS1O0) or Food and Nutrition (HFN1O0)
French (FSF1D0) or Ojibwe (LNOAO0)	Initiation à la Technologie (TDJ10I)	French (FSF1D0) or Ojibwe (LNOAO0)
Visual Arts (AVI1O0) or Music (AMU1O0)	Visual Arts (AVI1O0) or Music (AMU1O0)	Visual Arts (AVI1O0) or Music (AMU1O0)
Instrumental Music - Concert Band (AMI1OB)	Instrumental Music - Concert Band (AMI1OB)	Instrumental Music - Concert Band (AMI1OB)

# From Destreamed Pathway to Academic and Applied Curriculum (Grade 10)

The courses students choose in Grade 10 will prepare them for specific courses in Grades 11 and 12 and will affect their post secondary choices after they graduate. Students may choose to mix different pathways. For example, a student can take Applied English and Academic Math. They can also choose from optional or open courses in subjects that interest them.

## What is the difference?

### Academic Courses:

- emphasize both theory and practical applications
- leads to University Preparation courses in Grades 11 and 12

### Applied Courses:

- emphasize practical applications
- leads to College Preparation courses in Grades 11 and 12

Our experience shows that the following work habit characteristics help support students in seeing success in the following pathways.

## Academic

### The student...

- achieved Level 3 or higher in the Grade 6 EQAO reading and writing components
- is able to work independently in a focused manner
- can cover large amounts of material in shorter periods of time
- has well-developed synthesis skills; uses prior knowledge and experience to solve problems without prompting
- completes homework independently, consistently and thoroughly
- is able to persevere when challenged



## Applied

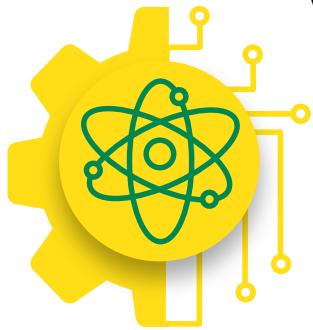
### The student...

- achieved Level 1 or 2 in the Grade 6 EQAO reading and writing components
- completes work with teacher direction and instruction in the classroom
- works in a focused manner for short periods of time
- applies new learning to tasks, although they may need to review skills acquired in previous units or years
- often completes homework and organization with assistance
- seeks or requires assistance or coaching when presented with challenging tasks





# The Science & Technology Education Program (STEP)



## What's the difference?

Above and beyond traditional learning, students experience enhanced learning opportunities.

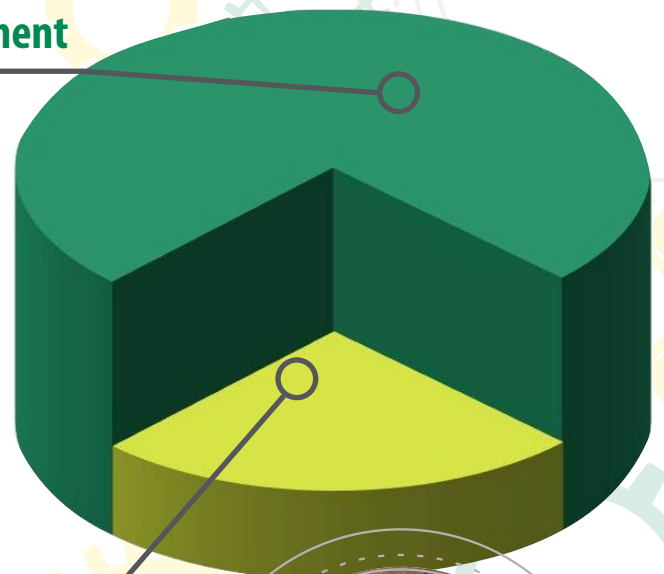
The Science and Technology Education Program focuses on a different approach to learning. The program consists of a selection of specially-designed courses that develop students' problem solving and critical thinking skills through interactive learning opportunities.

In STEP, students learn while experimenting, analyzing, designing, and building. As a result, STEP students gain a deeper understanding of the course content, in a more engaging way, while developing a variety of transferable learning skills.

STEP focuses on the integration of science and technology to teach students about the interconnectedness of learning and the importance of applying their skills to all aspects and areas of their education. Exposure to a technology-rich environment, field trip opportunities, and community experts further enhances students' learning experiences.

## Science & Technology Education Program Enrichment

- Student-Centered
- Inquiry-Based Experiential Learning
- Problem-Solving & Critical Thinking Skills
- Use of Technology to Solve Problems
- Cross-Curricular & Community Collaboration
- Design-Build Focus
- Field Trip Experiences
- Access to Community Expert
- Integration Days



## Traditional Learning

- Teacher-Centered
- Content-Driven



# STEP Experiences

Above and beyond traditional learning, students experience enhanced learning opportunities.

## STEP Program Expectations

- Maintain an overall 70% average in STEP and elective classes
- Maintain good attendance and punctuality in each semester of high school
- Submit all assignments/assessments on-time in each class
- Engage and participate in daily classroom lessons and activities, while maintaining good work habits

Should a student not meet the above expectations:

- Students will be assigned a STEP Probationary designation and an academic improvement and growth plan will be developed with the support of our Student Services Department
- Students will be removed from STEP and (if out of area) will be required to attend their homeschool at the end of the semester

## STEP Integration Days


<p><b>Scientific Inquiry</b></p> <p>Students will develop their problem solving skills through the use of technology. Students will extend and apply laboratory &amp; coding skills to investigate, analyze and model concepts and relationships.</p>	<p><b>Prototyping</b></p> <p>Students will use technical drawings and prototypes to test and improve their own designs by iterating on their own design challenges and failures.</p>	<p><b>Investigating a Local Issue</b></p> <p>By networking with community partners, students will identify a local issue. They will collect data, research the impacts of the issue and propose a variety of solutions. Students will then design a product that addresses the local issue.</p>
<p><b>Career Exploration</b></p> <p>Students will explore potential educational and career pathways in science, technology, engineering, and mathematics.</p>	<p><b>Engineering Design</b></p> <p>Students will follow a process that engineers employ to address a problem. They will design a product that meets identified criteria and/or accomplishes a certain task.</p>	<p><b>Innovation Project</b></p> <p>With an emphasis on the engineering design process and/or the scientific method, students will apply their learning to analyze, invent, design and/or build a project of choice with the assistance of mentors and advisors.</p>



# STEP Grades 11 and 12

Technology STEP students in Grades 11 and 12 will have the opportunity to choose a specialization based on their courses of interest and they will use the skills acquired in Grades 9 and 10 to further their learning in their desired post secondary pathway. At Lockerby Composite School, STEP students will be able to select from four unique disciplines that support an evolving world that relies on the connection between science and technology.

## STEP SPECIALIZATIONS

Health Sciences	Engineering	Computer Science	Sustainable Development
<p><b>Grade 11</b>            Functions (MCR3U)            Biology (SBI3U)            Chemistry (SCH3U)            Health Care (TPJ3M)</p> <p><b>Grade 12</b>            Biology (SBI4U)            Chemistry (SCH4U)</p>	<p><b>Grade 11</b>            Functions (MCR3U)            Physics (SPH3U)            Chemistry (SCH3U)            Tech Design (TDJ3M)</p> <p><b>Grade 12</b>            Physics (SPH4U)            Tech Design (TDJ4M)</p>	<p><b>Grade 11</b>            Functions (MCR3U)            Physics (SPH3U)            Computer Science (ICS3U)            Computer Engineering (TEJ3M)</p> <p><b>Grade 12</b>            Physics (SPH4U)            Computer Science (ICS4U)</p>	<p><b>Grade 11</b>            Functions (MCR3U)            Biology (SBI3U)</p> <p><b>Choice of:</b>            Tech Design (TDJ3M)            Architectural Design (TDA3M)            Interior Design (TDV3M)</p> <p><b>Grade 12</b>            Biology (SBI4U)</p> <p><b>Choice of:</b>            Chemistry (SCH3U)            Physics (SPH3U)            Tech Design (TDJ4M)            Architectural Design (TDA4M)</p> <p><b>Choice of:</b>            Canadian Law (CLN4U)            World Issues (CGW4U)            Psychology (HHG4M)            Business Leadership (BOH4M0)</p>
<p><b>Step Integration Days</b>            Senior STEP students will engage in eight STEP Integration Days throughout grades 11 and 12 with a focus on the following topics.</p> <div style="display: flex; align-items: center;">  <ul style="list-style-type: none"> <li>Field Trips</li> <li>Guest Speakers</li> <li>Community Connections</li> <li>Certifications</li> <li>Design</li> <li>Career Exploration</li> </ul> </div>			



# Specialist High Skills Majors (SHSM)

## What is a Specialist High Skills Major (SHSM)?

A SHSM is a ministry-approved specialized program that allows students to focus their learning on a specific economic sector while meeting the requirements to graduate from secondary school. It also assists in their transition after graduation to university, college, apprenticeship training, or the workplace.

## Key Benefits of a Specialist High Skills Major

Pursuing a Specialist High Skills Major helps students to:

- customize their secondary school education to suit their interests and talents;
- develop specialized knowledge and skills; and
- gain sector-recognized certification and career-relevant training.

Lockerby Composite School offers three Specialist High Skills Major programs. The SHSMs at Lockerby were chosen to complement our well-established Science and Technology Education Program.



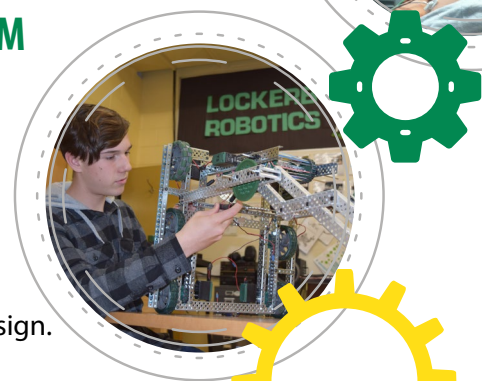
## Health & Wellness SHSM

The demand for health care professionals is on the rise. Lockerby provides opportunities for students to experience these rewarding careers first hand through core courses and a variety of reach-ahead activities that take students into the field. Students are able to develop specialized knowledge and clinical skills through career-relevant certification and training. Students interested in careers in health care should certainly consider this SHSM.



## Information & Communications Technology SHSM

Students who excel at computer programming, computer engineering, and robotics will want to consider this SHSM. It builds on Lockerby's proven design-build and problem-solving approach to learning. Interested students will specialize in a branch of Information and Communications Technology, whether it be in computer programming, game development, robotics, video production, animation, web design, or graphic design.



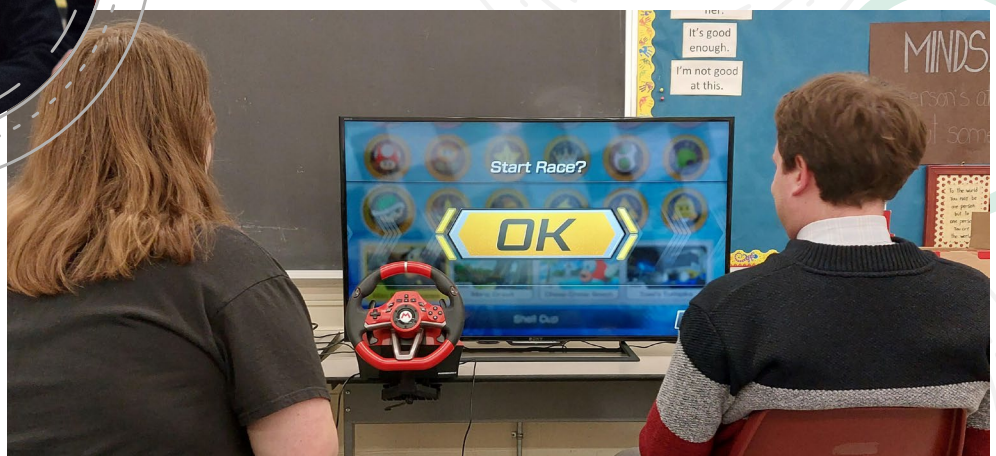
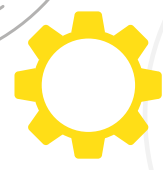
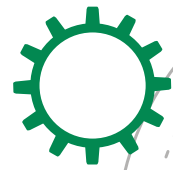
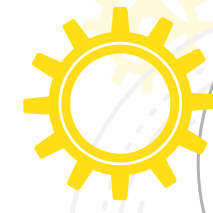
## Mining Engineering SHSM

Students with an interest in engineering and related disciplines will discover distinct advantages by applying for this SHSM. They will gain mentorship and experience through ongoing collaboration with our partners such as Vale, Hatch Engineering, Walbridge Mining, Dynamic Earth, and Sudbury Integrated Nickel Operations.





Mental Health Commission of Canada / Commission de la santé mentale du Canada  
**LA TÊTE HAUTE HEADSTRONG**  
 PRENEZ COURAGE DE SURVIE okode's / TENDEZ LA MAIN BICCI QUT co-nhwaocchewo / DITTEW-LE SHIKU UP ikwewen



# Elective Courses at Lockerby

## Canadian and World Studies

- Travel and Tourism
- Ancient History
- Understanding Canadian Law

## Humanities

- Foods and Nutrition
- Food and Culture
- World Issues
- Families in Canada
- Society Challenge and Change
- Psychology Human Development

## The Arts

- Visual Arts
- Music (Instrumental and Guitar)
- Band

## Languages

- Core French
- Ojibwe

## Technological Education

- Exploring Technologies
- Architectural Design
- Construction Technology
- Transportation Technology
- Computer Technology
- Introduction to Computer Science
- Computer Studies and Robotics
- Communications Technology

## Business

- Launching and Leading a Business
- Accounting
- Business Leadership

## Health and Physical Education

- Healthy Active Living
- Yoga
- Volleyball Activities
- Personal Fitness
- Outdoor Education
- Introduction to Kinesiology

## Guidance and Career Education

- Peer Mentoring
- Cooperative Education
- Dual Credits

## Sciences

- Biology
- Medical Biology
- Chemistry
- Physics

## Mathematics

- Principles of Mathematics
- Foundation of Mathematics
- Mathematics for Work and Everyday Life
- Foundations for College Mathematics
- Functions and Applications of Mathematics
- Data Management
- Advanced Functions
- Calculus and Vectors

# Final Exams and Culminating Activities

All students are required to complete a final examination or culminating activity (or a combination of both) in each of their courses throughout their high school careers. The final examinations and/or culminating activities will be a combined thirty percent of a student's grade and will be administered towards the end of a course (in each high school semester). The final examinations and/or culminating activities are an opportunity for students to demonstrate their knowledge of their entire courses' content.

## Final Examinations

There are 'on-schedule examinations' and 'off-schedule examinations'

- All examinations range between 1.5 hours and 2.5 hours (given the nature, level, and rigor of the course content)
- 'On-schedule examinations' are scheduled outside of classroom hours (4 - 5 days are set aside)
- These examinations occur at the end of January / beginning of February and at the end of June
- A school-wide schedule for these examinations are provided to the school community at the beginning of January and June
- Parents/guardians are requested to not schedule any trips, holidays, or vacations during these days.
- These examinations can begin at either 8:30 a.m. or 11:25 a.m.
- 'Off-schedule examinations' are scheduled during classroom hours (4 - 5 days are set aside)
- These examinations occur at the end of January / beginning of February and at the end of June
- In-class schedules for these examinations are provided to students at the beginning of the semester and/or December and May
- These examinations occur during class time



# Final Exams and Culminating Activities

## Culminating Activities

Culminating activities (which can be administered in one-part or multiple parts) are projects, interviews, demonstrations, performance tasks, oral presentations, or conferences that allow students to demonstrate their understanding of course content:

- These culminating activities occur at the end of January / beginning of February and at the end of June
- In-class schedules for these culminating activities are provided to students at the beginning of the semester and/or December and May
- These culminating activities occur during and outside of class time

Here are a few tips and reminders for students in order to be successful on their final course 30% evaluations:

### Know your material

- Ask your teacher questions; complete course reviews; start studying, reviewing, and working on final course expectations at least a month before the administration of the final course evaluation (where possible)

### Sleep well

- Students are better prepared for their final course evaluations when they've had enough sleep to allow them to concentrate

### Know due dates and special instructions

- All final examinations and culminating activities have due dates and special instructions - students should ensure they take special note of these dates and instructions in each of their classes

### Be prepared

- Students (with the help of their teachers) should make a list of all of the materials that are needed (and/or permitted) in order to be successful on their final examinations and/or culminating activities - when in doubt, ask your teacher





# School Policies and Procedures

There are a number of school policies and procedures that students and parents/guardians should be familiar with, which includes our:

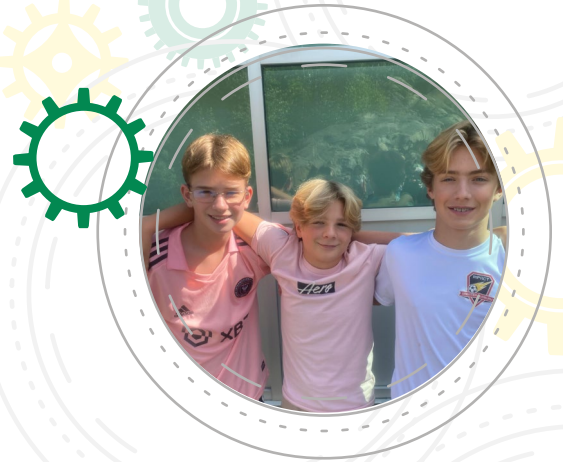
- Assessment/Evaluation/Examination Policy
- Acceptable Use for Computers and Networks Policy
- Academic Honesty and Integrity Policy
- Attendance Policy/Procedures
- Dress Code Information

The above information, along with our digital Student Handbook, is found on our website and is updated at the beginning of each school year.

During the first week of classes, homeroom teachers will review our school policies with all Vikings. Students and parents/guardians will also be asked to sign and return some of these policies. Likewise, each teacher will have their own set of classroom-specific rules that will be discussed with students in each class (and each semester). Other procedural information that will be shared with students their first week of classes includes:

- Daily Expectations
  - Lockers
  - Hallway Etiquette
  - Washroom Procedures
  - Scent Free Zones
- Cell Phone Rules
- Breakfast Club Information
- Lunchtime Expectations and Information
- Library / Cafeteria Protocols
- Concussion Procedures
- Study Hall Procedures
- Student Services Information
- Support Worker Information
- School Property Expectations
- Technology and G-Suite Login Information
- Gender Neutral Washroom
- Attendance Procedures

During the second week of classes, administration will also be reviewing this information as part of the initial school year welcome.



# Stay in Touch

## Contacting the School

Phone: 705-522-1750

Fax: 705-522-0658

Email: [lockerby\\_composite@rainbowschools.ca](mailto:lockerby_composite@rainbowschools.ca)

Principal: R. Lafraniere ([lafranr@rainbowschools.ca](mailto:lafranr@rainbowschools.ca))

Office Supervisor: C. Hemmer ([hemmerc@rainbowschools.ca](mailto:hemmerc@rainbowschools.ca))

Special Education: A. Ferri ([ferria@rainbowschools.ca](mailto:ferria@rainbowschools.ca))

STEP: V. Potvin ([potvinv@rainbowschools.ca](mailto:potvinv@rainbowschools.ca))

Student Services: G. Beaudry ([beaudrg@rainbowschools.ca](mailto:beaudrg@rainbowschools.ca))

Our Main Office is open from 7:30 a.m. - 3:00 p.m.



## Contacting Teachers

Please do not hesitate to reach out to classroom teachers at any time via email.

A list of our staff email addresses can be located at the following website:

<https://lockerby.rainbowschools.ca/school-profile/staff/>

## Websites

Main: [lockerby.rainbowschools.ca](https://lockerby.rainbowschools.ca)

Open House: [lockerbyopenhouse.ca](https://lockerbyopenhouse.ca)

## Newsletter

Subscribe to our Weekly Newsletter by emailing: [lockerbyinfo@rainbowschools.ca](mailto:lockerbyinfo@rainbowschools.ca)

Website Link: <https://lockerby.rainbowschools.ca/school-profile/lockerby-newsletters/>



## Social Media

### Facebook

School: [www.facebook.com/lockerbyvikings/](https://www.facebook.com/lockerbyvikings/)

School Council: [www.facebook.com/LockerbyParents/](https://www.facebook.com/LockerbyParents/)

### X

@LockerbyNet

### Instagram

@lockerbycomposite

@lockerbysports

@lockerbystudentscouncil

@lockerby\_environmental\_council

@lcsconcertdrive

@lcsconcertband



# Student Services

At Lockerby, the Student Services Team works collaboratively with students, families, staff, and community partners in order to create an environment that is inclusive for all.

Student Services helps connect students and families with a number of resources, such as transition plans, academia, pathways, mental wellness, tutoring, special education, community service, career exploration, leadership opportunities, graduation requirements, scholarships/bursaries, personal development, and counselling services.

Our Student Services Team consists of:

- Administration
- Administrative Secretary of Student Services
- Attendance Counsellor
- Cooperative Education Teacher
- Indigenous Support Worker
- Itinerant English Language Teacher
- Literacy
- Program Leader of Special Education
- Program Leader of Student Services
- School Social Worker
- Student Success Lead



## How to book an appointment with the Lockerby Student Services Team

1

Join the Google Classroom  
zyxxysi



2

Fill out the Google Form: Guidance, Cooperative Education & Special Education Appointments.



3

Check your emails as a Counsellor will reach out to you.



4

Schedule a time and format:

1. Email
2. Google Meet
3. Phone Call
4. Face-to-Face



5

Follow up with next steps. We look forward to working with you again.



# Volunteering & Community Service

Students are required to complete 40 hours (or more) of community service hours as part of their graduation requirements- ideally before completing Grade 10. During the summer transition to Grade 9 students can begin accumulating community service hours.

There are many non-profit community organizations that students can volunteer for. Lockerby Student Services has many community partners that are always looking for students and can help coordinate volunteering services.

## Benefits of Volunteering

- opportunities to explore career options
- develop skills for the the workforce and gain valuable work experience
- build self-esteem and confidence
- discover strengths
- develop skills

## What is the process?

Please review the following steps before starting your community service activities.

### STEP 1 – Planning and Approval

- Learn more about the community involvement requirements by talking to your teachers and visiting Student Services
- Get a copy of the Student Community Service Activity Sheet located in the Student Services office and in the Google Classroom
- Have your community involvement activity choices approved by a school official
- Ensure it is a charitable, not-for-profit organization

### STEP 2 – Taking Action and Record Your Activities

- Complete your required community service activities
- Ensure that all activities are recorded, dated, and signed by parents/guardians and the Community Service Supervisor

### STEP 3 – Submitting and Checking

- Submit your Student Community Service Activity Sheet to your Guidance Counsellor
- Check your next report card or myBlueprint and visit Student Services for a quick update to see that your community involvement activities have been updated and checked as complete

Adapted from RDSB website



# Mental Health Resources

At Lockerby Composite School, we are fortunate to have Social Work Services in our building. Dan Watson is our in-school Social Worker and is happy to help our Vikings! He is a valuable resource in our school community. Dan's Office Hours vary, but he is typically available 3 - 4 days each week. Students are encouraged to reach out and utilize Dan's services!



## **Lockerby Composite School Social Worker**

Dan Watson  
Email: [watsond@rainbowschools.ca](mailto:watsond@rainbowschools.ca)

## **Kids Help Phone**

Phone: 1-800-668-6868  
text CONNECT to 686868  
<https://kidshelpphone.ca/>

## **N'Swakamok Native Friendship Center**

Phone: 705-674-2128  
<http://www.nfcsudbury.org/>

## **Compass**

MON - FRI 8:30 a.m. - 6:30 p.m.  
Phone: 705-525-1008  
Toll Free: 1-800-815-7126  
Email: [compass@compassne.ca](mailto:compass@compassne.ca)  
<https://www.compassne.ca/>

## **Crisis Intervention Services (Mobile Crisis)**

Phone: 705-675-4760 (24 hour  
hotline—365 days/year)  
Toll free: 1-877-841-1101  
Office Hours: 8:30 a.m. to 10:00 p.m.  
(no appointment necessary)  
7 days per week  
<https://www.crisishelp.ca>

## **Shkagamik-Kwe Health Center**

Phone: 705-675-1596  
Email: [info@skhc.ca](mailto:info@skhc.ca)  
<https://skhc.ca/>

## **Metis Nation of Ontario, Sudbury Office**

Phone: 705-671-9855  
[www.metisnation.org](http://www.metisnation.org)

# Sports, Clubs & Committees

There are so many great things happening at Lockerby Composite School and so many ways that students can get involved with the school! From sports teams, to clubs, to committees, there's something for everyone. The best memories are made when students participate in extracurricular activities.

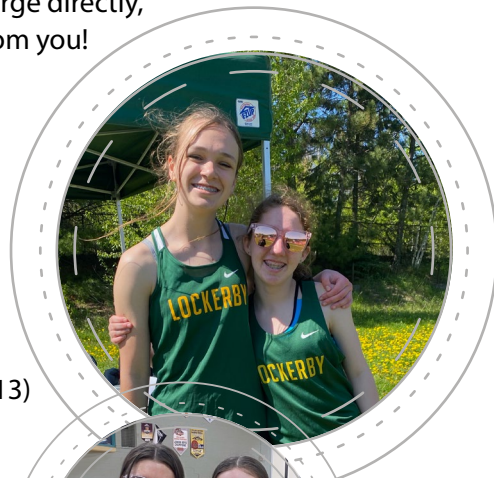
To participate, listen to our morning announcements. Dates, times, locations, and information for sport tryouts will be broadcasted. Likewise, dates, times, locations, and information for meetings of clubs and committees will also be shared through our morning announcements.

If you want to contact the teacher in-charge directly, please don't hesitate...they want to hear from you!



## Sports

Alpine Skiing	Ms. Augenstein (Physical Education Office)
Badminton	Mr. Savage (221)
Boys & Girls Curling	Mr. Bryson (Room 113)
Boys & Girls Hockey	Mr. Savage (221) / Mr. MacLellan (Room 202)
Boys & Girls Softball	Mr. MacLellan (Room 202) / Mr. Bryson (Room 113)
Boys Baseball	Mr. Dykstra (Room 109) / Mr. Bryson (Room 113)
Boys Basketball	Mr. Graham (Room 217)
Boys Soccer	Mr. Smith (Main office) / Mr. Dykstra (Room 115)
Boys Volleyball	Mr. Beausoleil (Physical Education Office)
Cross-Country Running	Mr. Abols (Room 111) / Mme Stanyon (Physical Education Office)
Flag Football	Mr. Smith (Main office)
Football	Mr. James (Room 203)
Girls Basketball	Mr. Geiselman (Room 200)/Mr. Coulas (Room 152)
Girls Soccer	Mr. Dykstra (Room 115)
Girls Volleyball	Mr. Beausoleil (Physical Education Office)
Golf	Ms. Augenstein (Physical Education Office)
Nordic Skiing	Mr. Abols (Room 111) / Mme Stanyon (Physical Education Office)
Snowboarding	Ms. Augenstein (Physical Education Office)
Swimming	Mme Stanyon (Physical Education Office)
Tennis	Mr. Beausoleil (Physical Education Office)
Track & Field	Mr. Abols / Ms. Augenstein / Mme Stanyon (Physical Education Office)
Ultimate Frisbee	Mr. Bryson (Room 113)/Mr. Smith (Main office)



## Clubs / Committees

Athletic Association

Auto Club

Board Games Club

Breakfast Club

Business Club

Cancer Drive Committee

Computing Competition

Concert Band (Junior)

Concert Band (Senior)

Dungeons and Dragons Club

Environmental Council

French Contests/DELF

Gender and Sexuality Association

Guitar Club

Jazz Band

Mathematics Contests

Mock-Trial Competitions

Music Council

Reach-For-The-Top

Robotics

Science Contests

Skills Ontario Competition

Student Council

Vocal Music

Woodworking Club

Ms. Augenstein (Physical Education Office)

Mr. Cole (Room 158)

Ms. Gordon (Library)

Mr. Savage (Room 221)

Ms. Kirkham (Room 210)

Ms. Benton (Room 300)/Mr. Ferri (Room 159)

Mr. Campeau (Room 100)

Mr. Jensen (Room 235)

Mr. Jensen (Room 235)

Mr. Campeau (Room 100) / Ms. Donato (Room 115)

Mr. Lafraniere (Main Office) / Ms. Donato (Room 115)

Mme McNoir (Room 225)

Ms. Caddel (Room 231)

Mr. Watson (Room 235)

Mr. Jensen (Room 235)

Mr. Graham (Room 129)

Ms. Caddel (Room 231)

Mr. Jensen (Room 235)

Ms. Caddel (Room 231)

Mr. Campeau (Room 100)

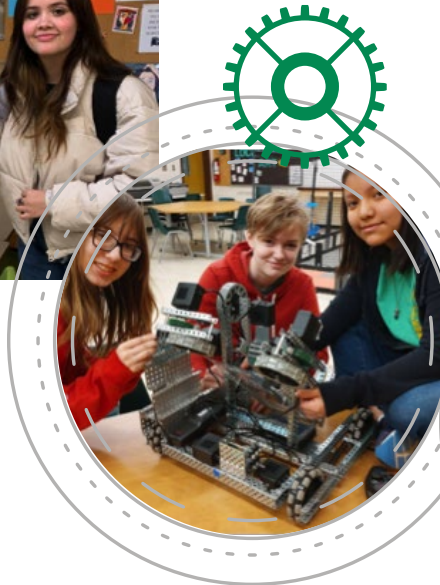
Ms. Potvin (Room 117)

Mr. Cole / Mr. Coulas / Mr. Campeau / Mr. Christie (Technology offices)

Ms. Baggs / Mrs. Beaudry / Mr. Ferri (Student Services Office)

Ms. Kirkham (Room 210)

Mr. Cole (Room 158)



# Cancer Drive

## The History of Cancer Drive:

Lockerby Composite School's annual Kids Caring for Kids Cancer Drive is an annual fundraising event where students from Lockerby raise money for the Northeast Cancer Centre through its registered charity the Northern Cancer Foundation in support of pediatric cancer care in Northern Ontario. Cancer Drive began in 1995 when one of Lockerby's former students, Laura and the principal at that time, Bruce Hatton, was diagnosed with cancer and experienced how difficult it can be to travel out of town to receive cancer treatment. As a result, every year, our school collects money to help improve the children's cancer care here in the north. ALL MONEY RAISED HERE STAYS HERE.

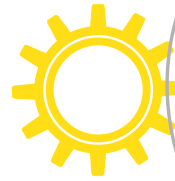
Words from Laura's sister, Daniella Cotesta:

Laura battled Cancer for 10 years. She was first diagnosed when she was eight and struggled through all of her treatments because she had to be away from home at The Hospital for Sick Children in Toronto as treatments were not available in Sudbury.

Cancer Drive is a one-night blitz, where the students of Lockerby Composite School go door-to-door to raise money for the Pediatric Care in the Cancer Centre. The proceeds started the pediatric cancer centre in Sudbury and has been fundamental in ensuring that children feel comfortable and at ease when they go in for treatment. They no longer need to go through treatment with adults or elderly. There are currently five treatment rooms with child-size equipment, a private waiting room with toys and brighter colours, a library with resources, a tele-conference room for doctors to communicate with other specialists, and a team of dedicated individuals including nurses, social workers, and teachers who focus solely on the pediatric area. This is an astonishing accomplishment.

I don't think Laura could have imagined the Cancer Drive being so successful and affecting so many people. She always said, "If you keep hoping and praying for sunshine, the sunshine is sure to come."

Since its inception, Lockerby's Cancer Drive has raised over \$1 million.





# Join Our School Council

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You can get involved in your child's education in many ways, including through the school council at your child's school and the school board parent involvement committee (PIC).

Both PICs and school councils, encourage parent/guardian involvement in support of student achievement, equity and well-being.

All schools in Ontario have a school council. They are important advisory bodies to the schools and school board. The purpose of a school council is, through the active participation of parents, to improve student achievement and increase accountability of the education system to parents/guardians.

As a school council member, you can help your council learn about ways to contribute to the education of students in your school. Education is a partnership involving parents, students, teachers, principals, school boards, government, and the community. Through your involvement in the council, you are part of a team working to support a high-quality education system for the children of Ontario. Your participation can make a difference.

## How to join

To find out more about how to join, or when meetings are held, check your school website or contact your school.

## Membership

School councils are led by parents, and most of their members are parents. Any parent of a child enrolled in the school can stand for election at the beginning of each new school year.

The principal, staff representatives, one or more community representatives, and in some cases, students are also members of the council.

### **Effective school councils are those that:**

- prioritize student achievement, equity and well-being
- focus on the needs and interests of all students in the school
- are composed of members who represent the diversity of the board
- promote effective, ongoing communication among all partners in education
- establish a positive relationship with the school principal and staff
- provide feedback to parents by letting them know how their advice and ideas have been considered
- have a clear understanding of their roles and responsibilities
- have a clear and consistent process for decision-making and conflict resolution
- maintain high ethical standards

Contact Lockerby Composite School for more information and for the membership form.

(Information Adapted from <https://www.ontario.ca/page/school-councils-guide-members#section-2>)



# Sign up today!

## An easy way for parents to pay: School Cash Online

### What is School Cash Online?

School Cash Online is a safe, simple and secure way for parents to pay for school activities and events.

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### What can you pay for?

- hot lunches
  - field trips
  - yearbooks
  - spirit wear
  - athletic fees
  - and much more!
- 

### Why use School Cash Online?

Your child will no longer be required to bring money to school.

You will be able to pay for school items anywhere, anytime.

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### How can I pay?

- eCheck
- Credit Card (Mastercard, Visa)
- myWallet

*Make a deposit. Draw from your deposit.*

### How do I sign up?

Signing up for School Cash Online is as easy at 1-2-3!

Visit [rainbowschools.schoolcashionline.com](http://rainbowschools.schoolcashionline.com) to get started today.

#### Step 1: Create your account

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#### Step 2: Confirm your email

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#### Step 3: Add your child(ren) to your account

### Do you need help or technical support?

- Click Support in the bottom right corner of the screen
- Email [parenthelp@schoolcashionline.com](mailto:parenthelp@schoolcashionline.com)
- Contact the School Cash Online Parent Help Desk at 1.866.961.1803

**Sign up today at [rainbowschools.schoolcashionline.com](http://rainbowschools.schoolcashionline.com)**

# Chartwells' *NEW* Reloadable Card



The fast & easy way to buy food at school!

Simply load a balance and use it like cash at the school cafeteria.

Purchase online at [www.zipthru-card.ca](http://www.zipthru-card.ca)

- View balance and spending online
- It's secure – put a stop on lost cards



