

# WEEKLY NEWSLETTER

Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!



## LOCKERBY'S CANCER DRIVE

Did you think we could raise over \$4,000 for our Cancer Drive Campaign in a week? Well that's exactly what we did! Our Ice Bucket Challenge was another fundraising success! Who knew how committed students would be to see their teachers soaked with ice cold water. Thank you for your donations, Lockerby! A huge shoutout to our brave teachers – Ms. Donato, Ms. Czerniak, Mr. Coulas, Mr. Savage, and Mr. Lafraniere – for signing-up for the challenge. We appreciate your support!





## LOCKERBY'S CANCER DRIVE



Our Tony V's night was also a huge fundraising success thanks to students, staff, and our community at large! Thank you to all of you who came out to enjoy some delicious food and support our Cancer Drive! So what's next? How about a hotdog BBQ on Tuesday, and maybe even a little hotdog-eating competition at the same time? It's not too late to buy your lunch on School Cash Online! Bring a cash donation if you'd like to compete!

Next Thursday marks our 28th Cancer Drive. That's right, Viking! 28 years of giving back to our community! So dig deep into your backpack, pull out those permission forms, and get them back to your teacher team leads. We're counting on you!





# ATHLETICS PEP-RALLY 2023

The Viking spirit permeated throughout the hallways this past Tuesday, as Lockerby Composite's Athletic Association (LAA) hosted our annual pep-rally. Our LAA put on an amazing spirited event, full of laughs, games, and fun!





## GRADE 12 KINESIOLOGY

This week Ms. Augenstein's Grade 12 Kinesiology class, our Vikings applied their knowledge of the skeletal system and proper anatomical language to study and identify the human bones of a real scientific laboratory model! Our students will be continuing their hands-on learning by using modeling clay to build a three-dimensional model of a human joint to gain a better understanding of the structure and function of the joints in the body.



## BACTERIA WEEK IN MEDICAL BIOLOGY

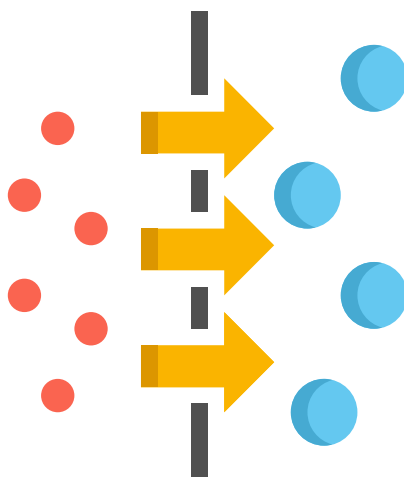
This week Viking Biologists toasted to our microbiomes, by completing our kombucha brewing project. Students learned about the diversity of organisms found in fermented foods, and how humans can benefit from bacteria and yeast. After brewing our kombucha for a week, many students opted to take home their scoby, and continue their probiotic adventures with their friends and families! Vikings also researched some antibacterial and antifungal plant extracts. Our intrepid students planned investigations to test the effects of different plant extracts on the growth of microorganisms. Not only did they plan an investigation, but they also learned about and practiced aseptic technique to minimize contamination of our bacteria colonies.





## AP BIOLOGY - LEARNING THROUGH OSMOSIS?

The Advanced Placement (AP) Biology classes created model cells using dialysis tubing, and first learned how various molecules move (or not!) across the semi-permeable membrane. Then, students used what they learned about osmosis and dialysis tubing to design an investigation. The purpose? To help their teacher determine which sucrose solution would be best to put into hummingbird feeders. Sweet!



## LIBRARY SERVICES

Come on into the Library and see what's new and 'fall' into a good book! We are open from 7:30am to 3:00pm and closed from 11:40 am-12:10 pm each day!



LOCKERBY COMPOSITE SCHOOL  
WE'RE HERE TO HELP!

# after-school tutoring club

Students Helping Students

**BEGINS WEDNESDAY, SEPTEMBER 20, 2023**

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Every Wednesday  
2:30 pm to 3:30 pm  
Room 102  
Just Drop In!

*It's Back!*  
*Croctober*

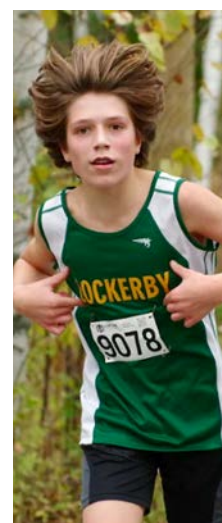
ROCK YOUR CROCS  
EVERY FRIDAY



# THIS WEEK IN VIKING ATHLETICS...

## Cross Country Running

On Wednesday afternoon with a chill in the air and beautiful autumn leaves on the ground, the Lockerby Vikings Cross Country Running team took on over 200 other runners from across Sudbury in the annual high school SDSSAA City Championship at Kivi Park. Placing in the top-10 of their respective categories were novices running 4km: Liam K., Cam Y., Toma C., Rebecca G., Ashley W., Bailey M., and Maddy C.; juniors running 5km: Misaki D., and Isaac L.; seniors running 6km: Lauren P., Bay J., Liam B., and James B. Both the Boys and Girls teams' won the Single 'A' Championship Banners! Great job, Vikings! The entire team will compete next Wednesday at Kivi Park for the NOSSA Regional Championships!





## THIS WEEK IN VIKING ATHLETICS...

### Flag Football

Both our Junior and Senior Girls Flag Football teams played hard fought games this week against St. Charles College and Confederation Secondary School. Unfortunately, neither team was able to come away with a victory. Having said that, both teams are making a final playoff push next week and are looking to come away with some victories!



### Volleyball

Congratulations goes out to our Senior Boys Volleyball team who won the Champlain high school tournament last Friday! They were also victorious against St. Charles College in league play this week as well. Our Junior Boys Volleyball team also beat the Cardinals this week by taking 3 - 1 sets!



### Basketball

Congratulations goes out to our Junior Girls Basketball team on their win against Champlain Secondary School this week by a score of 18 - 17!



### Intramurals - 3v3 Basketball

Congratulations goes out to team Ice Spice Elite for winning the LCS 3v3 basketball Intramurals Tournament!



# STUDENT SERVICES

## Grade 9 Information

### Take Your Kids To Work - Wednesday, November 1st, 2023

Take Our Kids to Work Day, taking place on Wednesday, November 1st, 2023, is an annual event where students step into their future for a day and get a glimpse into the working world. The day involves students in Grade 9 in the workplace of a parent, relative, friend or volunteer host, where they experience and learn about the world of work. Students are encouraged to determine a suitable location over the next few weeks. Additional information can be found on the Learning Partnership Website - [shorturl.at/diC45](https://shorturl.at/diC45), or in the Student Services Google Classroom (join code: zyxxysi). Student Services visited all of our Grade 9 homeroom classes to provide field trip forms this past Monday.

### Viking Scholar Day - Thursday, November 2nd, 2023

Lockerby Composite School's annual Viking Scholar Day will take place on Thursday, November 2nd, 2023 at 9:30am in our Auditorium. Students will be receiving individual invitation early next week. We look forward to seeing our students, parents and guardians at this year's ceremony!

## Enrichment

### Go ENG Girl - Saturday, November 18th, 2023

Youth in Grades 7 to 10 are invited to attend a fun on-campus event with hands-on engineering activities, guest speakers, and an opportunity to interact with female engineers and students. The event will be held on Saturday, November 18th, 2023 from 10:00am - 3:00pm. Space is limited so students are encouraged to register early. Visit to learn more and to register - <https://laurentian.ca/program/engineering/go-eng-girl>

### SHAD - Friday, December 1st, 2023

SHAD is Canada's premier summer residential enrichment program for Grade 10, 11, and 12 students focused on STEAM (science, technology, engineering, arts and mathematics) and entrepreneurship. The program runs during July across 13 university campuses from UBC to Dalhousie University. For additional details on the program and for applications visit SHAD Valley's Website or stop by our Guidance Office. Some recent LCS students and alumni who have participated in SHAD include, Grace M., Nethra W., and Justin M. Visit the following website to learn more - <https://www.shad.ca/>

## Community Service

### YMCA and Kivi Part (Shine On Run) - Saturday, October 28th, 2023

Are you interested in volunteering your time or know a student who is in need of volunteer hours? Organizers for the Shine On Run have multiple time slots available throughout the day. Volunteers will be provided with a free lunch. Visit the Student Services Google Classroom to learn more.

## Open Houses

### Laurentian University - Saturday, November 4th, 2023 from 10:00am - 3:00pm

Laurentian University's annual Open House will be occurring on Saturday, November 4th, 2023. Register at <https://laurentian.ca/open-house>

### Cambrian College - Saturday, November 4th, 2023 from 10:00am - 2:00 pm

Cambrian's Fall Open House is your opportunity to find out more about the College, your program of choice, and get a glimpse of what life at Cambrian is like! Interested students can register online prior to the event at Fall Open House at <https://cambriancollege.ca/virtual-open-house/>.





## LITERACY TEST (OSSLT)

Our November writers wrote their Literacy Diagnostic Test this past Monday. Students will receive their results and feedback on Tuesday, October 24th, 2023. The feedback will provide students an opportunity to see what additional workshops they need to attend leading up to their test dates.

In addition to the weekly workshops, students are encouraged to join the Literacy Google Classroom (code: ii2h2fv), where they will find copies of the lessons and additional support.

Ms. Baggs will also be hosting three Google Meet workshops via the Student Services Google Classroom (code: zyxxysi): Monday, October 23rd, 2023 at 4:00pm, Monday, October 30th, 2023 at 4:00pm, and Monday, November 6th, 2023 at 4:00pm.





## WHAT PARENTS NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be at Lockerby Composite School next week.

Monday, October 23rd

Tuesday, October 24th

- Cancer Drive Hotdog Fundraiser

Wednesday, October 25th

- **28th ANNUAL CANCER DRIVE CANVASSING NIGHT**

Thursday, October 26th

- **CANCER DRIVE THANK YOU ASSEMBLY (PERIOD 2)**

Friday, October 27th



# Monday - Friday in Room 223

## LET'S CONNECT



<https://lockerby.rainbowschools.ca>



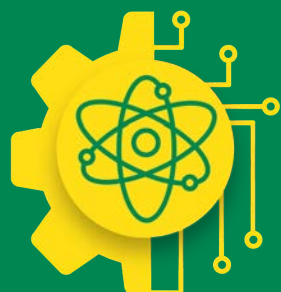
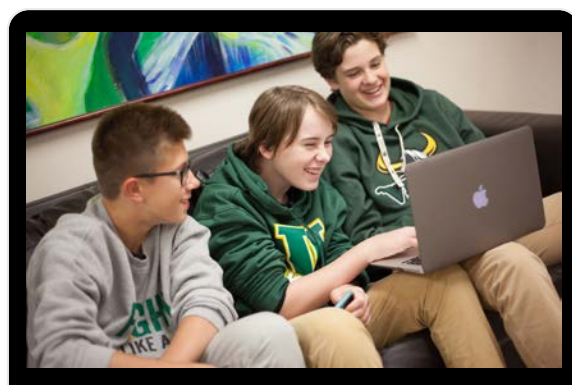
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SCIENCE AND TECHNOLOGY

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