

WEEKLY NEWSLETTER

Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!



STAND UP SPEAK OUT

On Thursday a group of Grade 9 and 10 students attended the Stand Up Speak Out Learn To Lead conference hosted by Rainbow Schools Student Senate. Our Vikings were motivated to become future leaders through the delivery of the message from keynote Hall of Fame speaker Sunjay Nath. The message that resonated with our students from the keynote speaker was, "don't be afraid to be the only one standing in a room." There were a variety of breakout sessions where our students were guided by session leaders and then able to share ideas with each other. Our Viking ambassadors are returning energized and we look forward to seeing them take what they learned and share it with our Viking Community!



Awesome



CONGRATULATIONS AP RESEARCHERS!

Last week, Ms. Kovala's AP Research students completed their nearly yearlong studies by submitting their 5,000 word papers to AP College Board and completing a presentation and oral defence in front of a jury. Congratulations to Alison Smith ("The Effects of Listening to Binaural Beats on Cognitive Ability in Youth"), Hannah Laakso ("Black Lives Matter in Sports: A Study on the Effects of Social Issues on Team Win/Loss Records"), and Tessa Laakso ("Queer Themes in 1970s Rock Music as a Result of Closeting"). Lockerby is proud of your accomplishments and wishes you all the best in your future research studies!



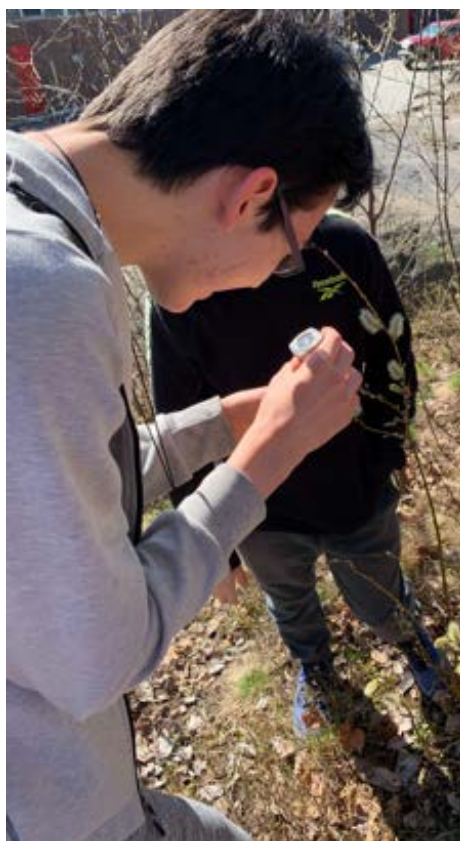
CONGRATULATIONS DELF STUDENTS!

Congratulations to our students in the Grade 12 French Immersion program who completed two days of DELF testing this week! The Diplôme d'études en langue française (DELF) is an internationally recognized certification in the French language based on the levels of the CEFR. The DELF examination, an assessment of proficiency from an external lens, is outside the required component of the regular French as a Second Language program. Upon successful completion of the exam, students will receive a DELF certificate awarded by the French Ministry of National Education (France).



LEARNING IN NATURE

Students in the Grade 9 STEP Science class had the opportunity to get out in nature and learn first hand about ecosystems. Ms. Donato was happy to teach the class about everything from lichen, mushrooms, and trees. The class even did a little bit of bird watching and identification!



TECTONIC ACTIVITY

This past week Viking Geographers were hard at work analyzing tectonic activity in various locations around the world. Students researched specific zones within tectonic plates where 'hot spots' occur and were tasked with recreating said zones using household ingredients and heat. Students then added color to their work to simulate a plate boundary map and presented their work to the class.



AP EXAMINATIONS - GOOD LUCK!

The Viking Community would like to wish all of our AP students good luck on their upcoming final evaluations. We are very proud of your accomplishments and we wish you all continued success. This past week and over next week, we will have 60+ students writing their examinations including: AP Biology, AP Calculus, AP Computer Science, AP English and Language Composition, and AP Psychology, as well as submitting projects and completing presentations in both of our AP Capstone Program courses, Seminar and Research!



VALEDICTORIAN (CLASS OF 2022)

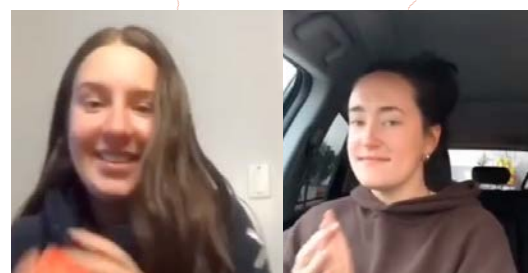
Attention Grade 12 Students and Viking Community:

After counting the votes, a big congratulations goes out to this year's Class of 2022 Valedictorian...Darren Tymeczko! Grade 12 graduating students are encouraged to continue to check the Graduate Google Classroom for the future convocation announcements.



MASKED DJ

The latest reveal of Lockerby's Masked DJ happened this past Monday! Last week's Masked DJ was Ms. Robinson and Ms. Eloise! This week, we heard songs from Coldplay, Greenday, and Toto! Who could this week's Masked DJ be?



KIDS CARING FOR KIDS CANCER DRIVE - 2022

A message from your Kids Caring for Kids Cancer Drive Committee:

Vikings, there is only one week remaining for you to buy your Cancer Drive Sweater. We only have small and medium sizes left for sale on School Cash Online, so make sure to purchase your sweater before it's too late! A reminder they are selling at a rate of \$40 per sweater and all profits go towards the pediatric unit of the Northern Cancer Centre (NCF).

Thank you, Viking students, staff, and family members, for your generosity in April, making this year's Cancer Drive a huge success. \$15,000 is no small feat during a pandemic and Lockerby once again demonstrated its commitment to our community. All money raised here stays here to support pediatric cancer care in Northern Ontario through the Northern Cancer Foundation which is the registered charity for the Northeast Cancer Centre. It's not too late to donate online or bring in cash and cheques to Mrs. Rodriguez in Room 205.

We're in the news! Click on the images below to read the article on Sudbury.com!



We are also still collecting donations via cash, cheque, or online:

All donations of \$20 or more will be issued an official tax receipt. If you would like to donate online, follow these steps below:

1. Go to the Northern Cancer Foundations's website <https://www.ncfsudbury.com/>
2. Click the search button near the top, right-hand corner of the homepage
3. Type "Lockerby" and press enter
4. Scroll down and click, "Lockerby Kids Caring for Kids Cancer Drive: Remembering Laura Cotesta"
5. Enter the amount you wish to donate and fill in the required fields asking for how you will be paying, and the required demographic information
6. Click the green "Donate Now" button at the bottom of the page

In addition, we will continue to sell the remaining Cancer Drive sweaters on School Cash Online for \$40 each. Our sweaters are going very fast and we only have a limited number remaining, so make sure to purchase yours as soon as possible.

How to access School Cash Online:

1. Open the website rainbowschools.schoolcashionline.com into your browser
2. Create your account
3. Confirm your email
4. Add your child(ren) to your account
5. Choose the Cancer Drive sweatshirts and masks of your choice

If you have any questions, please speak to any member of the Cancer Drive Committee and/or to Ms. Benton (bentons@rainbowschools.ca) and Mrs. Rodriguez (rodrigk@rainbowschools.ca).

VIKING ATHLETICS UPDATE

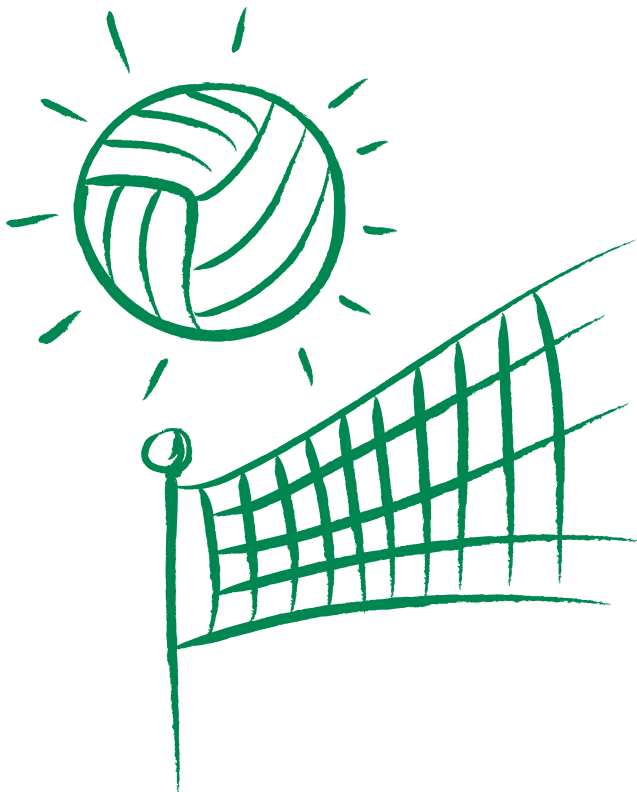
Badminton

Good luck to Gillian O., as she continues to make strides at the OFSAA Provincial Badminton Championships in Pain Court this week. Gillian won her first two games, advancing to the quarter-finals this morning. She played a very competitive game however fell a few points short moving her into the A-Consolation draw later today. Go Gillian!



Co-Ed Volleyball

Congratulations to the members of our winning Co-Ed Junior Volleyball team that took home the Lively Hawks Tournament banner last week. Our teams were back on the court this week at the Horizon Invitational Tournament.



VIKING ATHLETICS UPDATE

Soccer

Our Varsity Boys Soccer team had a busy week with a game against Lasalle Secondary School and St Benedict's Secondary School. Despite the outcomes, our Vikings played great games and we look forward to seeing them back on the field next week against Lo-Ellen Park and St. Charles College. On Tuesday, our Varsity Girls Soccer team played Lo-Ellen Park and lost a close battle by a score of 1-0. They return to the pitch on Monday to play Bishop Carter Secondary School.



Track and Field

Our Track and Field athletes participated in the first Twilight Meet this past Wednesday at Laurentian University! Our track stars are also preparing for the Nipissing Invitational next Friday. Way to go, Vikings!

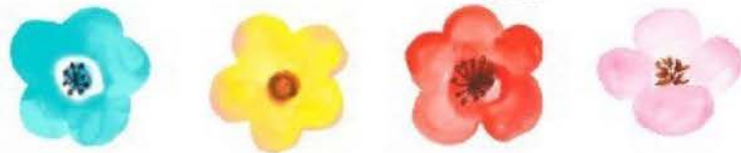


HAPPY TEACHER APPRECIATION DAY!

On behalf of the Lockerby Student Body, our Student Council created personalized cards for each of Lockerby's staff members. Thank you, "as one person can make a difference... and that person is you!"



Thank you



PIC•COLLAGE

MOOSE HIDE CAMPAIGN

The Moose Hide Campaign is a movement of Indigenous and non-Indigenous men and boys who are standing up against violence towards women and children. On May 11th and May 12th, at lunch, pins will be made available to our student body.



STUDENT SERVICES

OSAP Applications OSAP

Once students have decided on the post-secondary college or university they want to attend, they can then apply for OSAP (if desired). This year, the application form is considered to be more user friendly! Students with questions linked to OSAP are encouraged to contact the Financial Aid Office of the post-secondary institution they plan to attend (visit <https://osap.gov.on.ca>) for more information.

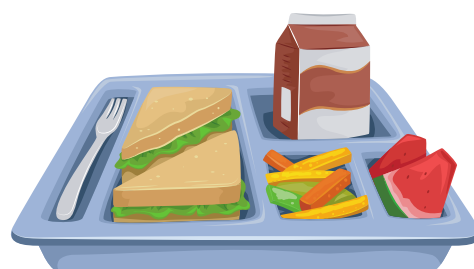
Workshop for OSAP

Collège Boréal is offering a number of webinars (in French and English) in the next few weeks for college and university bound students as well as their parents interested in learning more about OSAP and how to apply. This presentation is offered to the general public and students do not need to be attending Boréal to participate. The webinars will be offered on the following dates: (1) Thursday, May 12th at 6:00pm en français (<https://forms.office.com/r/G4TNK8hMG5>); (2) Thursday, May 19th, at 6:00pm in English (<https://forms.office.com/r/x5H73r2ggd>); (3) Tuesday, May 31st at 6:00pm en français (<https://forms.office.com/r/m7gN7asvcQ>); and (4) Tuesday, June 7th at 6:00pm in English (<https://forms.office.com/r/DYPVYumUWG>).

CAFETERIA REOPENING

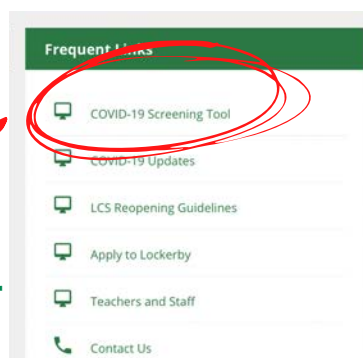
Attention all Students, Parents/Guardians, and Viking Community:

Please note that our school cafeteria will be reopening with limited food supplies on Monday, May 9th, 2022, with a full reopening on Tuesday, May 10th, 2022.



Don't forget to
Self-Screen before
coming to school!

Visit our website for
the Screening Tool



Strategies for Success

Here are ten strategies that can help you succeed in your classes.

Step 1

ATTENDANCE

Having good attendance helps you learn, retain information, stay on track and get inclass support.



Step 2

MINIMIZE DISTRACTIONS

At school and when reviewing at home, it is important to "turn off" your devices.



Step 3

HOMEWORK

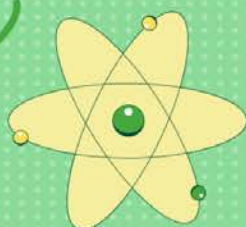
Complete your homework every night. This time can also be used to complete review notes and study cards for upcoming assessments.



Step 4

ASK FOR HELP

When in the class seek support from the teacher, go in for extra help at lunch and actively participate in the lessons.



Step 5

TUTORING

Ask Student Services for a tutor, participate in the Tuesday Tutor Club or hire an independent tutor.

Strategies for Success

Step 6

MATHIFY

This is a free online tutoring tool for students in Grades 6-11. Tutors are Ontario Certified Teachers. <https://tvomathify.com/register/student>



Step 7

MENTAL WELLNESS

Find a balance that works for you and develop good healthy strategies. Go for a walk, listen to music, read a book or practice yoga.

Step 8

PHYSICAL WELLNESS

Get a good night's sleep and visit Breakfast Club before class. Drink plenty of water and find time to exercise.



Step 9

USE AN AGENDA

Keeping track of homework, assignments, tests/quizzes, and extracurriculars can help you stay organized and focused.

Step 10

SPEAK TO A GUIDANCE COUNSELLOR

Student Services is available to support students. Make an appointment to speak with a counsellor.



LOCKERBY

THE SCHOOL OF SCIENCE AND TECHNOLOGY



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$-2, 19$
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LOCKERBY COMPOSITE SCHOOL

LEVEL UP

Got a problem?
We're here to help you solve it.

EVERY TUESDAY IN THE LIBRARY
TUTORS AVAILABLE

2:30 pm to 3:30 pm
Math, Science, English, Social Studies & French

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WHAT YOU NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be at Lockerby Composite School next week.

Monday, May 9th

- AP Calculus Examination at 8:00am
- **CAFETERIA SERVERY REOPENS**

Tuesday, May 10th

- AP Language and Composition Examination

Wednesday, May 11th

- OSSLT face-to-face Lunch and Learn
- OSSLT online support at 5:00pm
- AP Biology Examination

Thursday, May 12th

- Moose Hide Campaign

Friday, May 13th



Weekdays in Room 223

LET'S CONNECT



<https://lockerby.rainbowschools.ca>



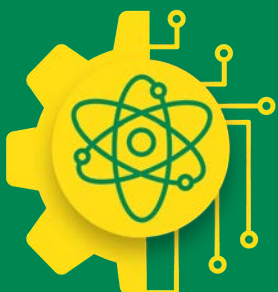
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