

WEEKLY NEWSLETTER

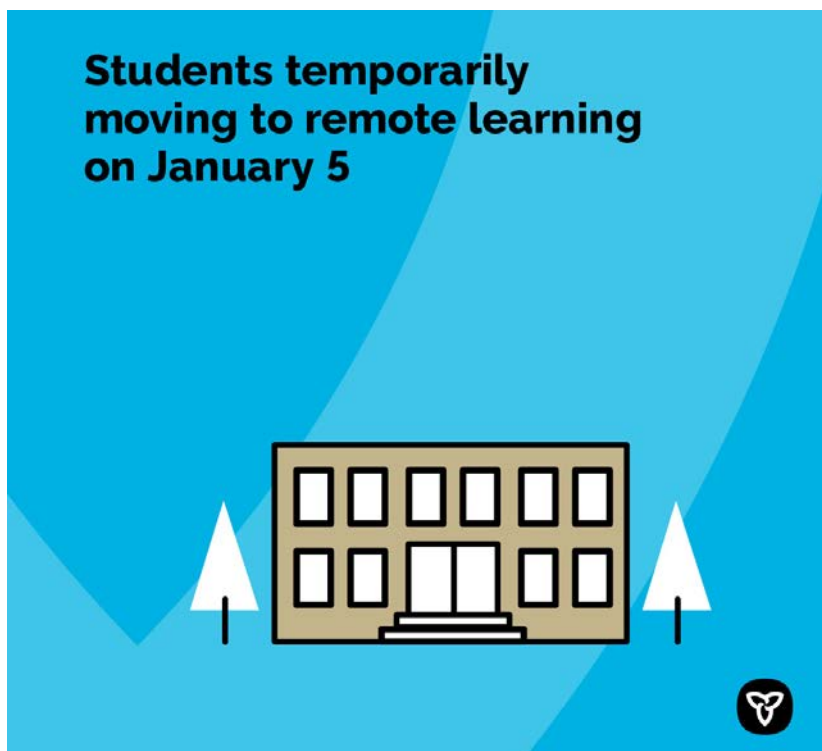
Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!

REMOTE LEARNING (JANUARY 5TH - 17TH)

To Our Viking Community:

As you know, and in response to recent trends that show an increase in COVID-19 hospitalizations, the Ontario government, in consultation with the Chief Medical Officer of Health, temporarily moved the province into Step Two of its Roadmap to Reopen. The Ontario government has stated that these time-limited measures will help blunt transmission and prevent hospitals from becoming overwhelmed as the province continues to accelerate its booster dose rollout. As part of the province's response to the Omicron variant, and beginning January 5, students pivoted to remote learning. Remote learning will continue to at least January 17.

Students temporarily moving to remote learning on January 5



Until then, keep wearing masks, sanitize hands often, continue the practice of physical distancing, continue to self-monitor for symptoms of COVID-19 using the provincial screening tool found on our website, and stay home when feeling unwell. We know that the ebb and flow of this situation over the last few years has been a challenge – and we are certainly proud and thankful of our Viking students, staff, and parents/guardians for their resiliency and adaptability. We will continue to reach out and provide any and all updates on our website, through social media, through our weekly newsletter, and through students' Google Classrooms and VLE environments.

REMOTE LEARNING UPDATES

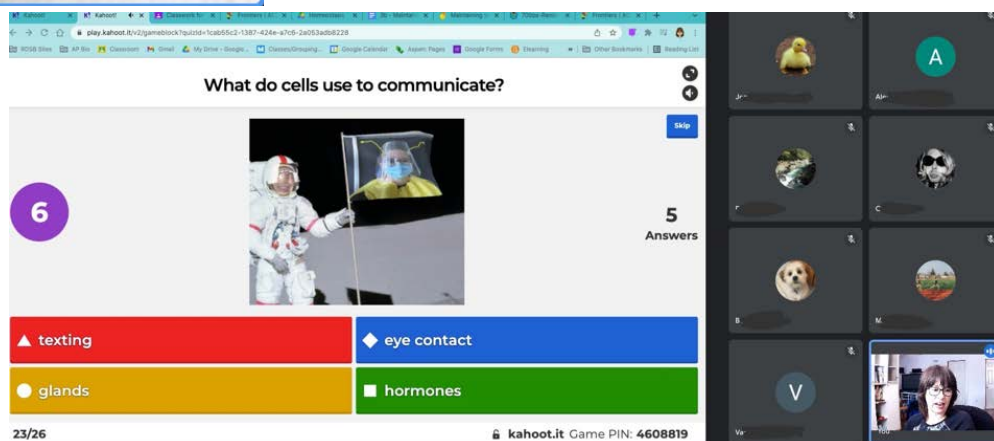
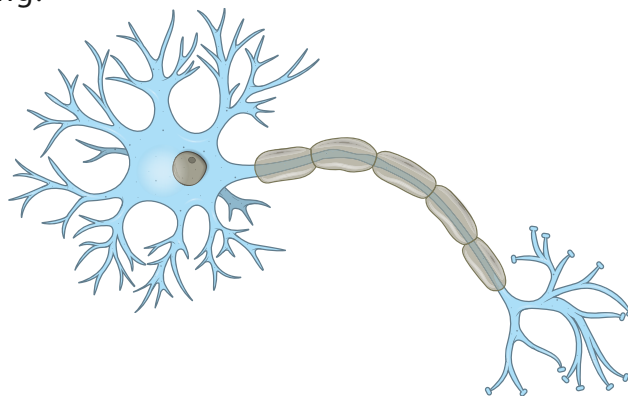
Keep reading this week's Newsletter for further information regarding updates about our pivot to remote learning from Lockerby Composite School and Rainbow District School Board.



WHAT'S HAPPENING IN OUR ONLINE CLASSROOMS?

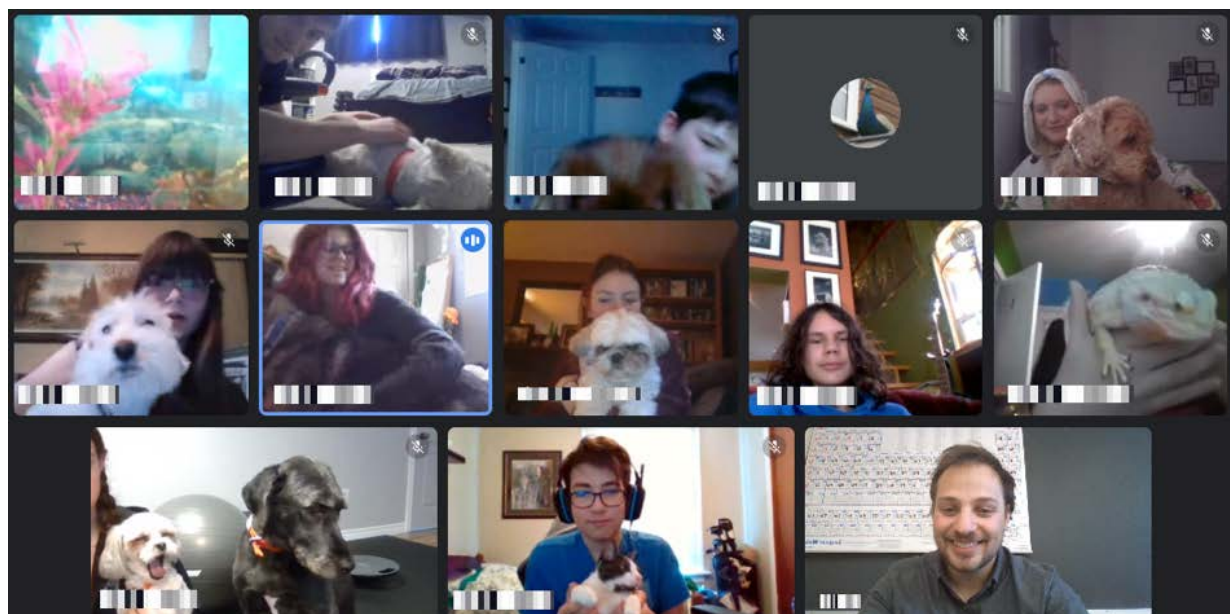
Grade 12 Biology

This week during online learning, our Grade 12 Biology students got to witness Mrs. Donato take one for the team, and demonstrate the mammalian diving reflex! She dunked her face into a bowl of ice water on camera, and students noticed that her pulse rate dropped. The class hypothesized that this is a great survival strategy in case of immersion in cold water because it reduces oxygen requirements. We are also please to announce that she survived the dive! Students also wrapped-up the week by completing consolidation quiz games, and now Mrs. Donato's "I.O.U. A Sticker" list is growing!



Grade 9 STEP Science

Online learning is 'ruff'... but it's better with our furry friends :) Mr. Dykstra's Grade 9 Science class gets some pet support before writing their Electricity Unit Test. The toughest question of the day, "what sound does the bearded dragon make?"



VIKING ATHLETICS UPDATE

Due to the new province-wide restrictions, all sporting competitions will be placed on pause. Likewise, all Viking Athletics training will also be put on pause.

Stay tuned in the coming weeks for more information about resumption of participation in the following sports:

- Nordic Skiing
- Alpine Skiing
- Curling
- Snowboarding
- Volleyball
- Basketball
- Hockey



EVALUATIONS AND SEMESTER CALENDAR UPDATE

The move from in-person learning to remote learning, as directed by the Province of Ontario, has prompted Rainbow District School Board to review its final evaluation requirements for all secondary courses in Semester 1. As a result, two important changes have been made:

- Final grades for all Semester 1 courses will now be based solely on assessments completed throughout the semester. There will be no final examinations or culminating activities.
- Friday, January 28th, 2022 - Wednesday, February 2nd, 2022 will be instructional days.

These changes will mitigate the potential for staff and student extended absences due to COVID-19 and the ensuing stress this may cause for teaching and learning.



Visit our
website for the
daily link!

Frequent Links	
	COVID-19 Screening Tool
	COVID-19 Updates
	LCS Reopening Guidelines
	Apply to Lockerby
	Teachers and Staff
	Contact Us
	Policies and Procedures
	Daily Announcements

STUDENT SERVICES

Post Secondary Applications

Post-Secondary Applications

Many of our students have completed and paid for their applications to post-secondary institutions; however, there are still a number of students who still need to complete this process. It is important to ensure that application deadlines are met in order to be considered for a students' chosen program. It is also important to note that the institutions will not receive any information until applications have been paid.

Post-Secondary Application Deadlines

University: Thursday, January 13th, 2021 (\$150.00 fee for 3 programs)

College: Tuesday, February 1st, 2021 (\$95.00 fee for 5 programs)

Laurentian University Parents/Guardians Night

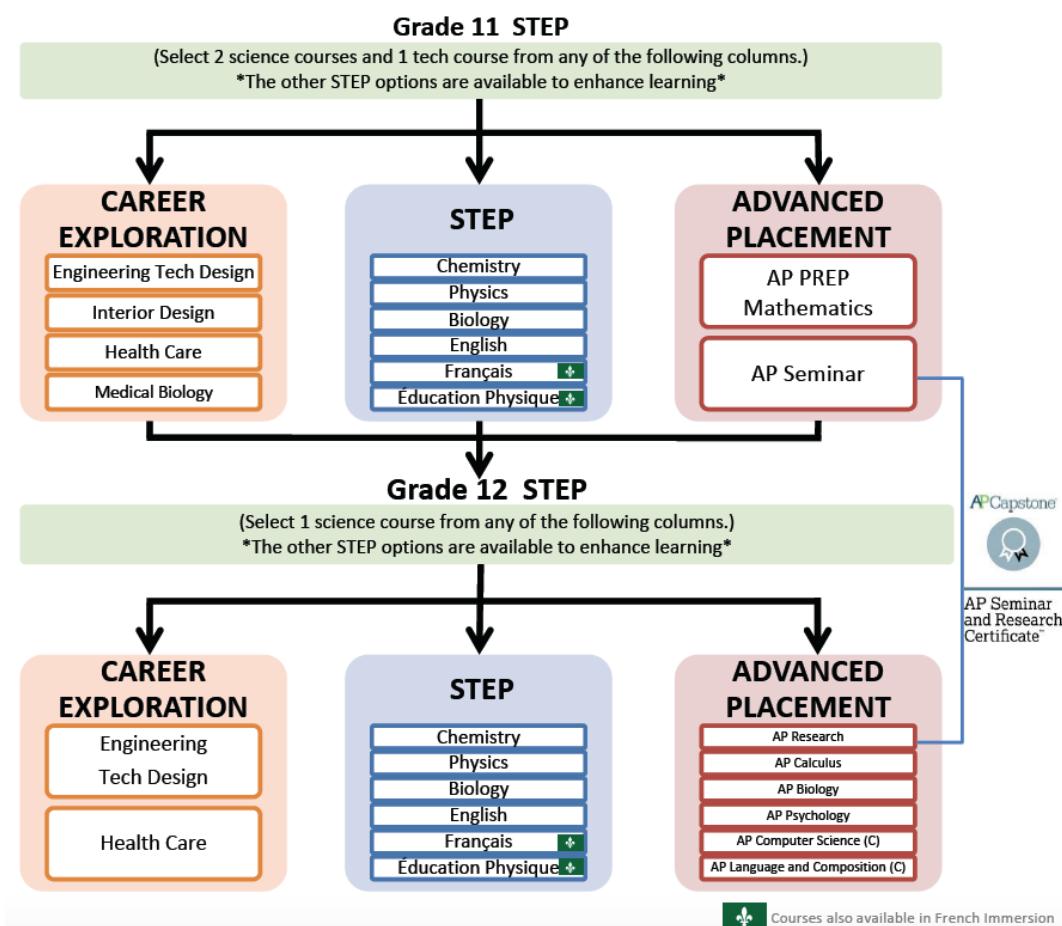
Laurentian University's Liaison Services team is preparing for their Parent/Guardian Night, which will take place virtually on February 3rd, from 6:30pm - 8:30pm. All parents/guardians are invited to attend. They will also be hosting a francophone session on February 2nd from 6:30pm - 8:30pm. Throughout the evening, their team will be on hand to cover everything from the student experience, to admissions, to residence, and to academic support. Parents/Guardians can register at: <https://laurentian.ca/parentsnight>

Grades 9 - 11

Course Selection (2022 - 2023)

Student Services will be completing course selections with our students from February 8th - 18th, 2022. Students are encouraged to start considering which courses they are interested in completing as well as post secondary prerequisites. Students can begin the process at home with their parents/guardians by logging into the myBlueprint software at myblueprint.ca. If you have any questions or concerns please contact a Guidance Counsellor.

STEP



Stay
Safe

A STUDENTS GUIDE TO LEARNING FROM HOME

SET YOUR SPACE

Find an area in your house where you can sit comfortably and focus.

Make it separate to your relaxation space. Ideally away from a TV screen or other distractions.



TAKE NOTES

Zoning out on Google Meets?
Note-taking keeps your mind engaged.

PLAN YOUR DAY

Follow the schedule provided by your school.

If you just have a list of things to study, break it down into tasks and plan to do the hardest ones when you have the most energy.

LESSEN DISTRACTIONS

Harness your imagination and picture that you're at school and not at home.

Lock your phone away if you need to - don't be afraid to ask your parents/guardians to intervene.

Turn off chat notifications on your computer.

CHANGE IT UP

You probably have a schedule for your lessons, but if things are becoming difficult to focus on, take a 5-min break and come back to it - just let your teacher know.



TAKE BREAKS

During class break get up and move.
Grab a snack or glass of water.
Set a timer so you don't lose track of time.

SPEAK UP & ASK FOR HELP

When things get tough, don't just push through it. Ask your parents/guardians, or reach out to your teacher.



COMMUNITY RESOURCES

If you need support don't hesitate to reach out. Call Kids Help Phone at 1-800-668-6868 or text 686868.

BE
positive





408 Wembley Drive, Sudbury, Ontario P3E 1P2 | Tel: 705.674.3171 | Toll Free: 1.888.421.2661 | rainbowschools.ca

January 3, 2022

RE: IN-PERSON LEARNERS MOVE TO REMOTE LEARNING

Dear Parents/Guardians:

In light of the surge of COVID-19 due to the fast spreading Omicron variant, the Ministry of Education announced today that in-person learners will move to remote learning effective Wednesday, January 5, 2022 until at least Monday, January 17, 2022.

Rainbow Schools will reach out to in-person learners to complete a survey today to determine who requires technology to learn from home. Teachers will provide instructions to access the appropriate virtual platform (VLE for secondary and Google Classroom for elementary), verify email addresses, and ensure the home room/class timetable is posted within the platform.

Instruction will begin on Wednesday, January 5, 2022 for all students.

Elementary and secondary students will follow their regular schedules remotely.

Teachers will connect with students to provide additional information.

Students who do not have access to the Internet will receive paper based assignments.

Students who have special education needs will continue to be supported remotely by their classroom teacher and an Educational Assistant.

Mental health supports will also be available.

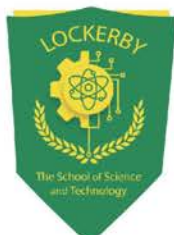
Please continue to follow Public Health guidance:

- Wash your hands often with soap and water or alcohol-based hand sanitizer.
- Sneeze and cough into your sleeve.
- Avoid touching your eyes, nose, or mouth.
- Stay home and isolate if symptoms appear.
- Practise two-metre physical distancing.
- Wear a mask at all times in indoor public spaces.
- Limit contacts to reduce the risk of exposure.

Thank you for working together to keep everyone safe.

Sincerely,

Bruce Bourget
Director of Education



Lockerby Composite School

1391 Ramsey View Court, Sudbury, Ontario P3E 5T4 | Tel: 705.522.1750 | Fax: 705.522.0658

Craig Runciman, HBA, MA, BEd, MEd
Principal

Ryan Lafraniere, BSc (Hons), BEd, MEd
Vice-Principal

January 3, 2022

Dear Viking Community:



Happy New Year! We hope all has been well with you and your family during this holiday season.

Further to Rainbow District School Board's communication of January 3rd, 2022, and as you are aware, the Government of Ontario has implemented province-wide restrictions to limit the spread of COVID-19. As such, secondary schools will shift to teacher-led remote learning from at least January 5th to 14th, 2022 for all students.

At this time, please know that all Vikings will continue to use the D2L and/or Google platforms as part of this remote learning pivot. During this current remote learning period:

- students will be following their current timetables each day beginning on Wednesday, January 5th, 2022;
- bell times (based on Grade 9-10 and Grade 11-12 coded classes) will remain the same;
- the week of January 5th to 7th is a 'Week 2' with Period 3 and Period 4 on-week instruction occurring through Google Meets;
- the week of January 10th to 14th is a 'Week 1' with Period 1 and Period 2 on-week instruction occurring through Google Meets;
- students will be receiving synchronous instruction daily through a Google Meet (with the Google Meet code being provided to students by each of their subject teachers);
- students are expected to be logged-into their Google Meets at the beginning of each period and are expected to remain engaged in their learning for the duration of their lesson;
- each student will be expected to complete/participate in their online learning each day and are expected to complete any and all work that has been, or has previously been assigned;
- staff will continue to provide ongoing assessment of student learning, within each of their courses, based on their curriculum and course content delivery;
- further information regarding culminating activities and examination preparations will be forthcoming. Students should be continuing to prepare for their final course 30% evaluation(s);
- attendance for classes will be taken each period through a Google Meet Attendance Report;
- Further to our email to the Viking Community on Monday, January 3rd, 2022, should a student have accessibility issues with respect to technology and internet services, we are asking that families complete the following survey as soon as possible: <https://forms.gle/78tCwQfU1Gz6qBbW8>. Over the next several days, the school will be reaching out to parents/guardians for distribution and pick-up of technology;
- continued instructions will be provided to our Viking students with respect to expectations within the virtual learning environment.

Rainbow District School Board continues to encourage all parents/guardians to visit rainbowschools.ca often, as learning resources are being updated. Therein, Rainbow District School Board also has posted links to information on mental health and COVID-19. The health and safety of students and staff is our first and foremost priority.

As always, thank you for your patience as we continue on this learning journey together.

Sincerely,
LOCKERBY COMPOSITE SCHOOL
Per:

CRAIG RUNCIMAN
Principal



rainbowschools.ca





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January 6, 2022

RE: FINAL EVALUATIONS IN SECONDARY SCHOOL

Dear Students and Parents/Guardians:

The move from in-person learning to remote learning, as directed by the Province of Ontario, has prompted Rainbow District School Board to review its final evaluation requirements for all secondary courses in semester 1.

As a result, we have made two important changes.

Final grades for all semester 1 courses will now be based solely on assessments completed throughout the semester. There will be no final exams or culminating activities. There will be no 30% final evaluation for courses in semester 1.

Friday, January 28, 2022 to Wednesday, February 2, 2022 will be instructional days.

These changes will maximize instructional time and enable students who may have fallen behind to recover course content. Teachers will have more time to consolidate student learning and to support the completion of late or missed assignments to assist students in earning their credits.

The changes will also mitigate the potential for staff and student extended absences due to COVID-19 and the ensuing stress this may cause for teaching and learning. Student mental health and well-being remain a priority along with health and safety.

Additional support will be provided to ensure student success. Students from the Faculty of Education have been hired to help students catch up, close gaps and rescue credits as a result of absences. Schools will focus on strategies to support students in achieving their credits.

Thank you for your ongoing patience and understanding as we adjust to COVID-19.

Please do not hesitate to contact your teacher for any support you may need.

Sincerely,

Bruce Bourget
Director of Education



**Explore STEP
in action.**

**Discover your
potential.**

INTERESTED IN BECOMING A VIKING?

PERSONALIZED INFORMATION SESSION

Book your virtual visit today!

Mrs. Beaudry (Student Services)
beaudrg@rainbowschools.ca (705) 522-1750 ext. 6514

WHAT PARENTS NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be working with students remotely next week.

Autumn Lewis, our school Aboriginal Support Worker, will be working with students remotely next week

Monday, January 10th

Tuesday, January 11th

Wednesday, January 12th

Thursday, January 13th • Grade 12 University Application due

Friday, January 14th



Weekdays in Room 223

LET'S CONNECT



<https://lockerby.rainbowschools.ca>



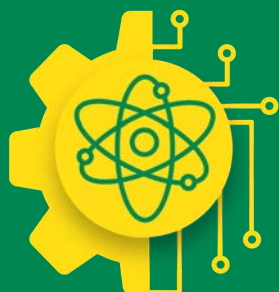
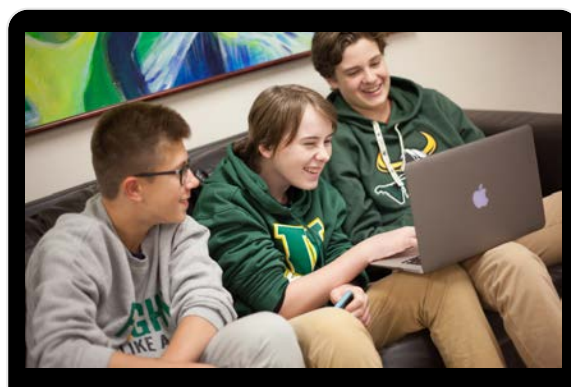
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