

# WEEKLY NEWSLETTER

Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!

## FINANCIAL LITERACY COMPETITION

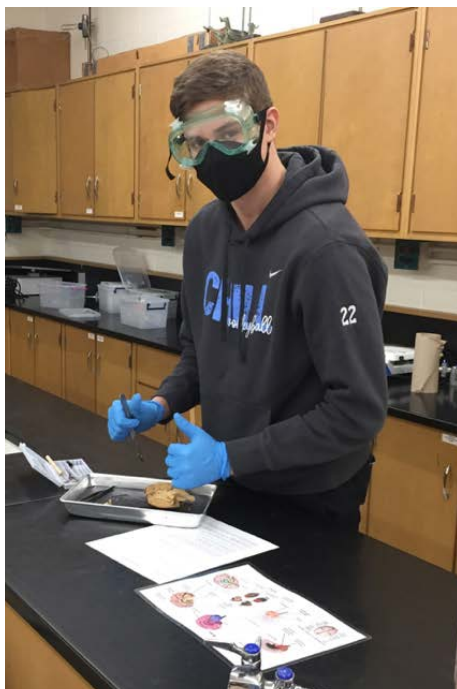


Congratulations to all of our Vikings that participated in the University of Waterloo Financial Literacy Competition: David D., Abby H., Atharva P., Jayden W., Drake S. and Lea L. There were 940 participants from 60 schools in Canada. Special distinctions were earned by Drake Smith (Bronze Certificate) and Lea Lemieux (Silver Certificate & Student Honour Roll Award). Lea received the highest score of all Grade 9 students who participated in the competition. Way to go, Vikings!



## AP PSYCHOLOGY (A NO-BRAINER)

This week, our AP Psychology students completed their sheep brain dissections. As our Vikings realized, how something is put together tells us much about how it works!



## STUDENT COUNCIL

This week on our morning announcements and @lockerbystudentscouncil, our school has been sharing wellness tips and motivational quotes with our Viking Community. We encourage you to check them out!



## SEED SWAPPING

Lockerby's Environmental Council will be participating in National Seed Swap Day! As part of National Seed Swap Day, our Viking green-thumbers will be able to gather and swap seeds in preparation for planting indoors. This year, our Environmental Council will be preparing a school-wide Seed Library! Stay tuned to morning announcements to find out how our school community can help in developing our library repository!





## STUDENT COUNCIL

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**UNTIL YOU MAKE THE UNCONSCIOUS CONSCIOUS, IT WILL DIRECT YOUR LIFE**

Speak Up. Ask for Help.



*You are Not Alone*

**"MENTAL HEALTH PROBLEMS DON'T DEFINE WHO YOU ARE. THEY ARE SOMETHING YOU EXPERIENCE. YOU WALK IN THE RAIN AND YOU FEEL THE RAIN, BUT, IMPORTANTLY, YOU ARE NOT THE RAIN."**

— MATT HAIG

**ASKING FOR HELP ISN'T A SIGN OF weakness YET A SIGN OF courage**

*Healing is not linear.*  
-Unknown

# LCS Mental Health Quotes

**"You don't have to be positive all the time. It's perfectly okay to feel sad, angry, annoyed, frustrated, scared and anxious. Having feelings doesn't make you a negative person. It makes you human."**

— Lori Deschene





**"JUST BECAUSE NO ONE ELSE CAN HEAL OR DO YOUR INNER WORK FOR YOU DOESN'T MEAN YOU CAN, SHOULD, OR NEED TO DO IT ALONE."**

— LISA OLIVERA

## VIKING ATHLETICS UPDATE

With the resumption of in-person learning, the 2021 - 2022 sports season has also resumed. Several high school sports have returned to training (effective as of January 21st). Those sports include:

- Alpine Skiing
- Nordic Skiing
- Snowboarding
- Volleyball
- Curling

At the present time, the following sports remain on pause:

- Basketball
- Hockey

Stay tuned in the coming weeks for more updates and sport results!



## SEMESTER CALENDAR REMINDER

A reminder that the move from in-person learning to remote learning has prompted Rainbow District School Board to review its final evaluation requirements for all secondary courses in Semester 1. As a result, two important changes were made:

- Final grades for all Semester 1 courses will now be based solely on assessments completed throughout the semester. There will be no final examinations or culminating activities.
- Friday, January 28th, 2022 - Wednesday, February 2nd, 2022 will be instructional days.

These changes were made to mitigate the potential for staff and student extended absences due to COVID-19 and the ensuing stress this may cause for teaching and learning.

The following schedule will be followed for the remainder of our first semester:

- Week 1: January 24th - 28th
- Week 2: January 31st - February 2nd



# LOCKERBY

THE SCHOOL OF SCIENCE AND TECHNOLOGY



## BUS ROUTE CANCELLATIONS

A message from our Sudbury Student Services (Busing) Consortium:

SUDBURY STUDENT SERVICES CONSORTIUM

### COVID-19 NEWS



#### ROUTE CANCELLATIONS

Like other sectors in the community, we are anticipating a higher level of absenteeism which may affect your child's bussing.

We will post all School Bus Route Cancellations every morning on our website at [www.businfo.ca](http://www.businfo.ca) by 6:30 am.

Please visit our website every morning before sending your child to the bus stop. **You will not be** receiving a telephone call or an email.

## Picture Retakes

Missed photo day?  
**NO PROBLEM!**

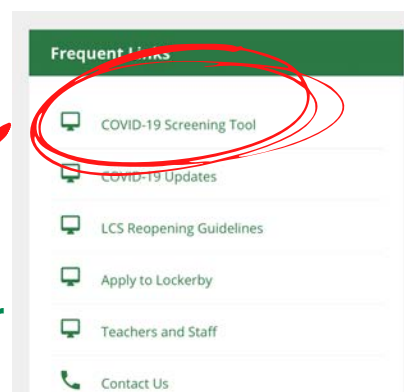
**Edge is coming  
back for retakes**

February 9th



Don't forget to  
Self-Screen before  
coming to school!

**Visit our website for  
the Screening Tool**





# STUDENT SERVICES

## Post Secondary Applications

### Post-Secondary Application Deadlines

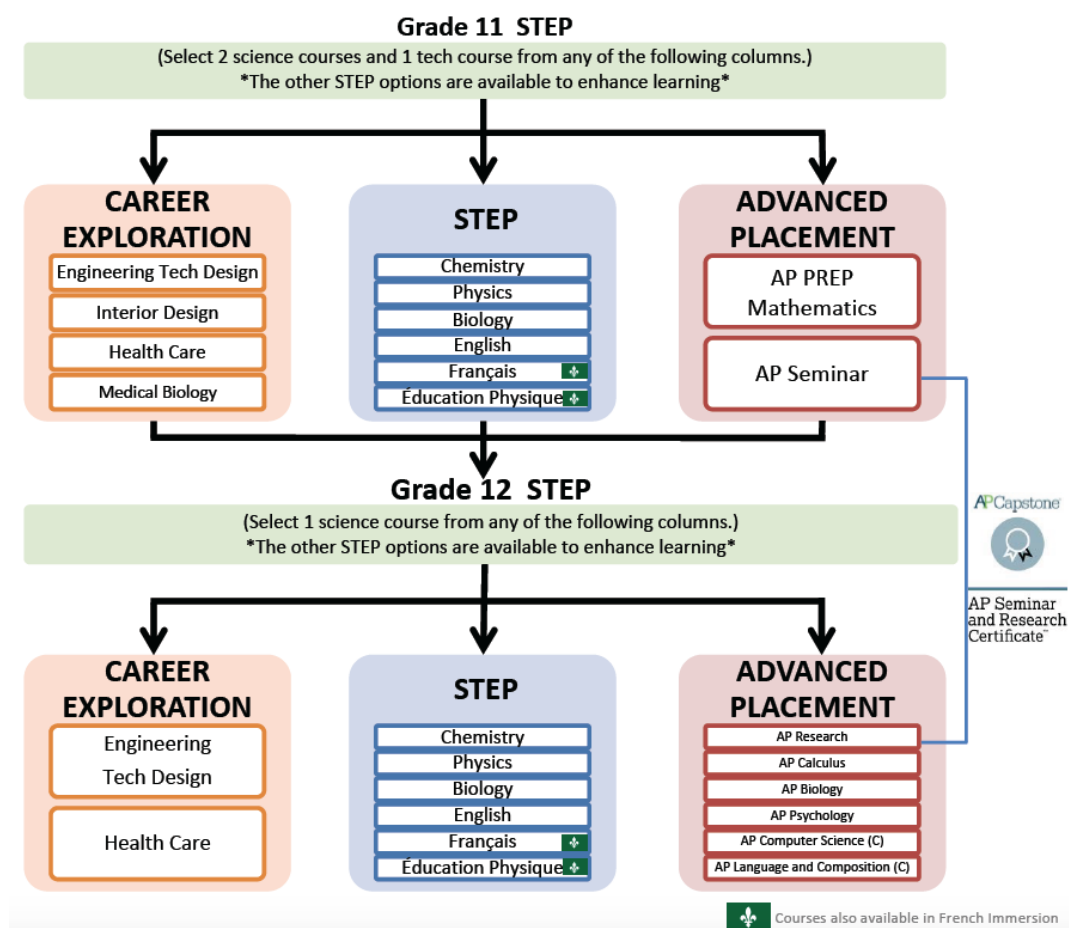
Graduates are reminded that the last day to apply for limited enrolment programs at college is February 1, 2022. Students can complete their applications on the Ontario College Application Services website - <https://www.ontariocolleges.ca/en>

## Grades 9 - 11

### Course Selection (2022 - 2023)

Course selections for the 2022-2023 academic year started this week and will continue until Thursday, February 18th, 2022. In order to assist with the planning for this process, students are asked to complete their myBlueprint electronic course selection ([www.myblueprint.ca](http://www.myblueprint.ca)). Parents and students are encouraged to visit the Student Services' Google Classroom for detailed course descriptions and prerequisites (join code: zyxxsi). It is especially important for our current Grade 11 students to do their course selection research because they have to ensure they are picking the proper prerequisites they need for their postsecondary program of choice. This process of selecting courses can appear intimidating for many students, but counsellors will be working closely with our students to address their questions and concerns. Students can also gain valuable information from the College Information Website: <http://www.ontariocolleges.ca/home>, and University Information Website: <https://www.ontariouniversitiesinfo.ca/> Detailed Information on all pathways (college, university, and the world of work) can be found at: [www.myblueprint.ca](http://www.myblueprint.ca).

# STEP





**Explore STEP  
in action.**

**Discover your  
potential.**

## INTERESTED IN BECOMING A VIKING?

### PERSONALIZED INFORMATION SESSION

**Book your virtual visit today!**

Mrs. Beaudry (Student Services)  
beaudrg@rainbowschools.ca (705) 522-1750 ext. 6514

## WHAT PARENTS NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be at Lockerby Composite School next week.

Autumn Lewis, our school Aboriginal Support Worker, will be at Lockerby Composite School next week.

Monday, January 24th

- In-person learning continues (Week 1)
- Rapid Antigen Tests distributed in homerooms
- High school sports - resume training

Tuesday, January 25th

Wednesday, January 26th

Thursday, January 27th

Friday, January 28th



## Weekdays in Room 223

## LET'S CONNECT



<https://lockerby.rainbowschools.ca>



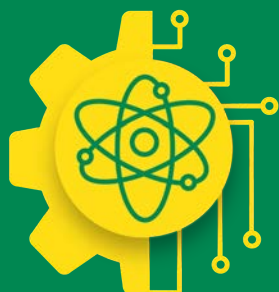
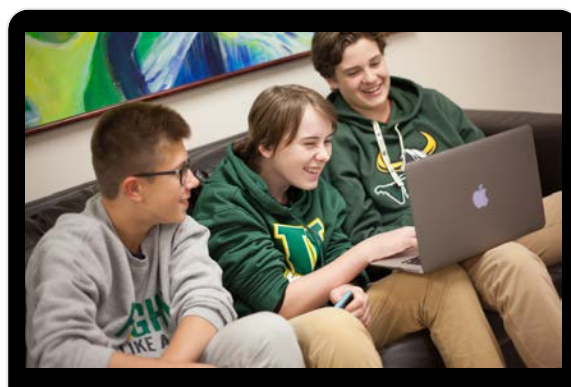
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