

WEEKLY NEWSLETTER

Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!

STAND UP AGAINST BULLYING DAY

This past Wednesday, Lockerby Composite students and staff wore pink for 'Stand Up Against Bullying Day.' This annual day began in Nova Scotia where secondary school students Travis Price and David Shepherd arranged for dozens of their classmates to wear pink shirts in support of another student who had been bullied for wearing pink. The Province of Nova Scotia subsequently declared the second Thursday at the start of every school year to be 'Stand Up Against Bullying Day.'



GRADE 11 BIOLOGY

This week, students used their inquiry skills to identify the contents of a mystery solution (as it turns out, it was Jello!). Our Vikings used indicators that changed colour in the presence of carbohydrates, lipids, and proteins. Students shared their procedures and observations with online learners in real-time, using the classroom webcam.



GRADE 9 TECHNOLOGICAL STUDIES

By Brandon C.:

This week in technological studies class, my classmates and I made floor plans for a house in a cool program called 'Homestyler.' We got to design the floor plan and interior of our houses, and the program would make a photo-realistic picture. I learned how to make a realistic design of a house and plan accordingly to accommodate what you need in a house. Like how all bedrooms need a window, or like how you won't always have space for everything.



LOCKERBY

THE SCHOOL OF SCIENCE AND TECHNOLOGY



HEALTH CARE COURSES AT LOCKERBY COMPOSITE

This week, our Viking students were asked to bring marshmallows, bananas, or a similar food item, and a disposable butter knife to class to help them better understand anatomical planes. Students were encouraged to draw faces on their food item and then cut them according to the anatomical plane that Ms. Hunda called out!



PICTURE DAY

Face-to-Face Learners

Picture Day for our Face-to-Face Learners will be taking place on Tuesday, September 29th, 2020. While Picture Day may look different this year, safety remains a priority.

Lifetouch has implemented comprehensive Picture Day safety protocols which can be found on their website: schools.lifetouch.com

After Picture Day, parents/guardians can order pictures on mylifetouch.ca using the student Portrait ID and Access Code which will be found on the Picture Day order form.

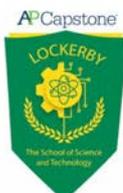
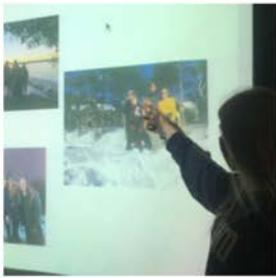
Remote Learners

Picture Day for our Remote Learners will be taking place on a separate day that will be scheduled towards the end of October / early November. Please stay tuned to future Weekly Newsletters for more information



ÉDUCATION PHYSIQUE

Students in the Healthy Active Living class took some time this week to build healthy relationships by introducing themselves to their new teammates! Grade 9s coming from schools all across the Greater City of Sudbury were interested in meeting new people and sharing their interests, goals, and achievements as well as sharing friends and family life. While in the gymnasium and on the field, our athletes moved in a variety of ways to gain an understanding of cardiovascular and muscular endurance, flexibility, and muscular strength. A special shout out goes to peer mentors Owen and Staysha who are helping keep the routine of the class safe as well as fun!



THIS WEEK IN VIKING ATHLETICS...

@lockerbysports is ready to roll again this year! As of now, Rainbow District School Board has allowed certain sports to 'Return to Train' under certain health and safety protocols:

- Cross-Country Running
- Flag Football (Girls)
- Golf
- Volleyball (Boys)

Stay tuned to your morning announcements for more information about return to train practices next week!

Grade nines, don't be afraid to reach out to our teachers in the Physical Education Department if you have questions! Vikings can also DM our Athletic Association Instagram account. See you around the school!



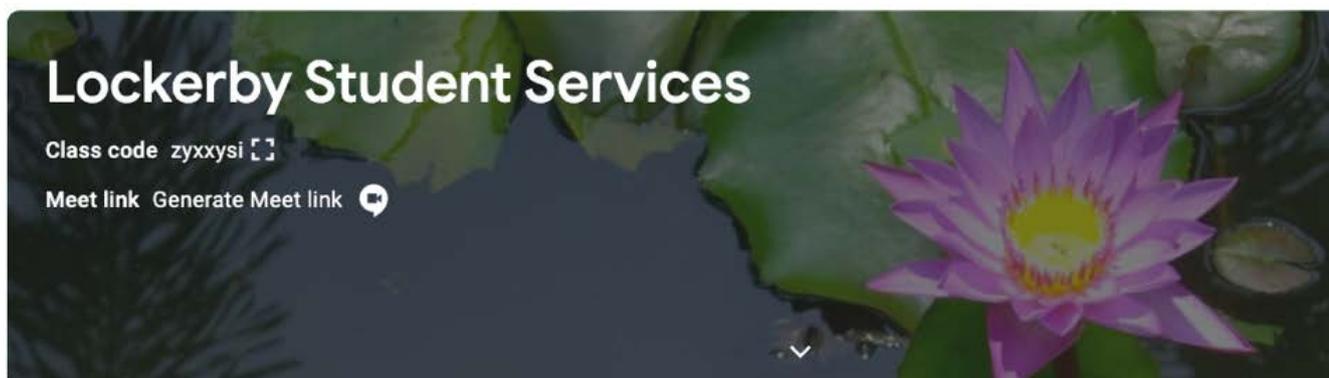
SPIRIT WEEK!

VIKES SPIRIT WEEK		
MONDAY, SEPTEMBER 21ST	TWIN DAY	
TUESDAY, SEPTEMBER 22ND	TIE DYE DAY	
WEDNESDAY, SEPTEMBER 23RD	SOCKS, CROGS, SWEATS, AND SANDALS	
THURSDAY, SEPTEMBER 24TH	VIKES WEAR DAY	
FRIDAY, SEPTEMBER 25TH	FLANNEL DAY	



STUDENT SERVICES

Student Services has a dedicated classroom for students and their families to learn about community services opportunities, post secondary, scholarships, and even mental wellness. This virtual classroom will continue to provide content throughout the year and it will act as a vital link between students and our Lockerby Composite School Guidance Counsellors (as this is where students will go to book their individual guidance appointments). Both Face-to-Face and Remote Learners are asked to join.



Transitioning Planning for Grade 12 Students

There are many paths towards a career, this journey can involve a variety of options including apprenticeships, college, university or the workplace. Over the next few months Lockerby's Student Services Department will be providing our Grade 12 students with a variety of resources to help guide their transition from our high school. To begin, we will start to look at post-secondary options. In order to become better informed about post-secondary choices, it's never too early to start researching options. Book an appointment with one of Lockerby's Guidance Counsellors, book a virtual appointment with a post-secondary institution, or access a wealth of resources using MyBlueprint.

Post-Secondary - New This Year

Post-secondary institutions will not be completing any face-to-face visits due to the ongoing pandemic. Students will need to reach out to these institutions early in the year to ensure they have the necessary information to complete their applications. Grade 12 will be completing their post-secondary applications in late November 2020. We will continue to support this process by providing resources each week to assist our students and their families with their research.

Ontario Universities

To attend university, students must attain their Ontario Secondary School Diploma (OSSD) and 6 of their grade 12 courses must be at the University (U) or University/College Level (M). There are 21 universities in Ontario, offering professional programs in a variety of fields. Universities offer three- and four-year undergraduate degrees. Professional programs such as dentistry, medicine, engineering, and education are also offered at several Ontario universities. For specific information about programs, visit Ontario Universities' Information website. It is critical that students review prerequisites for the program very carefully to ensure they have the appropriate high course for admission.

Ontario Colleges

There are 27 colleges in Ontario, located throughout the province. Colleges offer a variety of diploma, certificate, and applied degree programs. Ontario colleges offer more than 2,400 program choices in almost 600 subject areas. Programs are career-oriented and geared toward marketable skills. It is critical that students review prerequisites for the program very carefully to ensure they have the appropriate high course for admission.

REOPENING GUIDELINES AND COMMUNICATION

As mentioned in last week's edition of our Weekly Newsletter, Lockerby Composite School has been exploring creative means, with all of its staff members, to make face-to-face and remote learning a positive experience for all. Our overarching goal is to support our Viking students by providing opportunities for them to demonstrate overall expectations of their courses, while fostering and creating a supportive learning environment to build a sense of belonging.

Based on Rainbow District School Board's Reopening Guidelines, and at this time, please know that we are sharing the following information:

- a presentation to students that includes new school procedures, overviews of health and safety protocols, and school-year programming expectations

https://lockerby.rainbowschools.ca/wp-content/uploads/sites/10/2020/09/LCS_Reopening_Guide_Students_2020.pdf

- a video presentation to our parents/guardians and community members regarding our new school procedures, overviews of health and safety protocols, and school year programming expectations

<https://lockerby.rainbowschools.ca/news/lockerby-composite-school-reopening-guidelines/>

- our school policies and procedures

<https://lockerby.rainbowschools.ca/student-services/guidance/policies/>

- weekly Friday updates through our 'Lockerby Newsletter'

<https://lockerby.rainbowschools.ca/school-profile/lockerby-newsletters/>

- daily school video announcements from our Student Council

<https://lockerby.rainbowschools.ca/school-profile/morning-announcements/>

During these unique times, Rainbow District School Board continues to encourage all parents/guardians to visit rainbowschools.ca often for COVID-19 updates. It's also important to know that Rainbow District School Board also recently posted 'Frequently Asked Questions' regarding reopening of Rainbow Schools.

<https://www.rainbowschools.ca/wp-content/uploads/2020/09/FAQs-September-4-2020.pdf>

As always, the health and safety of students and staff is our first and foremost priority. Thank you for your patience as we embark on this new school-year journey together – we are all excited for the school year!



COVID-19 AND VIKINGS IN THE COMMUNITY

Whether our students are in the school, or outside the school (at the start of the day, at lunch, or at the end of the day), they are Vikings and they represent the Viking Community. While out in our community, it is imperative that our students always follow distancing, masking, and hand-washing protocols to ensure the safety of not only themselves (and their own family) but the Viking family as well. We are all looking to reduce the spread of COVID-19 to keep our community safe.

Next week, all of our Vikings will be meeting by Mr. Runciman and Mr. Lafraniere about the importance of following COVID-19 safety protocols. Likewise, Public Health Sudbury and District will also be part of the meetings with our students. At this time, we are asking for the continued support of Viking families to remind our students of the importance of wearing a mask in school and in public, hand hygiene, and distancing. Thank you for your support.



WHY I CHOSE LOCKERBY...

Grade 9 students in Mr. Smith's class have their online portfolios well underway.

Here's a sampling of what some of them are saying about why they chose to attend Lockerby Composite School...

"I chose to go to Lockerby because I had heard about the forensics program for grade 11's and 12's. I also heard how good the education is here."

"...I've also heard that it is a great school for athletics and extracurriculars."

"...because of the STEP Program and AP programs it offers to its students, for advanced learning."

"...because there's a lot of great people, there's a variety of class options and I really enjoy being able to use my laptop to learn."

"...my 2 older brothers also attended Lockerby and they never stopped talking about Lockerby and how great of a place/community we have here."

"...because the STEP program works a lot with technology."

And our personal favourite:

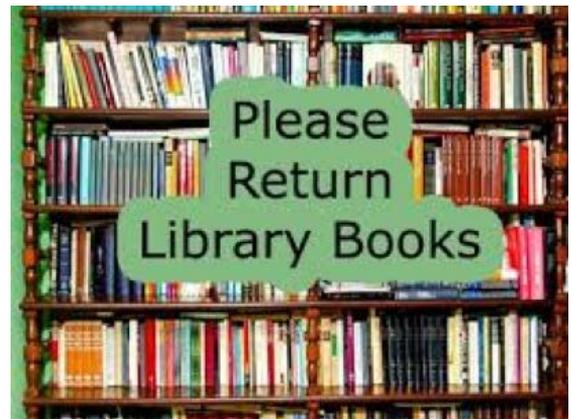
"...because my parents, siblings, aunts and uncles have all gone to this school. My mom also mentioned that she'd rather me go here, so it really wasn't up for debate."

LIBRARY SERVICES

A reminder to returning Vikings:

If you borrowed any library books last school year, we welcome their return.

Kindly drop them off in the return bin in the library.



Please and Thank You!



Sign up today!

An easy way for parents to pay: School Cash Online

What is School Cash Online?

School Cash Online is a safe, simple and secure way for parents to pay for school activities and events.

What can you pay for?

- hot lunches
- field trips
- yearbooks
- spirit wear
- athletic fees
- and much more!

Why use School Cash Online?

Your child will no longer be required to bring money to school.

You will be able to pay for school items anywhere, anytime.

How can I pay?

- eCheck
- Credit Card (Mastercard, Visa)
- myWallet

Make a deposit. Draw from your deposit.

How do I sign up?

Signing up for School Cash Online is as easy as 1-2-3!

Visit rainbowschools.schoolcashonline.com to get started today.

Step 1: Create your account

Step 2: Confirm your email

Step 3: Add your child(ren) to your account

Do you need help or technical support?

- Click Support in the bottom right corner of the screen
- Email parenthelp@schoolcashonline.com
- Contact the School Cash Online Parent Help Desk at 1.866.961.1803

Sign up today at rainbowschools.schoolcashonline.com



WHAT PARENTS NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be at Lockerby Composite School next week.

Hazel Fox-Recollet, our school Aboriginal Support Worker, will be at Lockerby Composite School next week.

Monday, September 21st

- Student Council Presents 'Twin Day'
- Grade 9 Grade-Level Meeting

Tuesday, September 22nd

- Student Council Present 'Tie Dye Day'
- Grade 10 Grade-Level Meeting

Wednesday, September 23rd

- Student Council Present 'Socks, Crocs, Sweats, and Sandals Day'
- Grade 11 Grade-Level Meeting

Thursday, September 24th

- Student Council Present 'Vikewear Day'
- Grade 12 Grade-Level Meeting

Friday, September 25th

- Student Council Presents 'Flannel Day'



LET'S CONNECT



<https://lockerby.rainbowschools.ca>



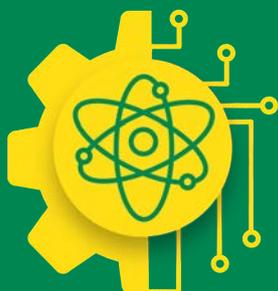
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