

LCS News Update | September 17 -21, 2018

GRADE 9 STUDENTS TRAIN LIKE AN ASTRONAUT

Grade 9 science students spent Wednesday at a special Science North event called, "Train Like an Astronaut." Our Vikings competed against over 300 students from around Sudbury in a variety of astronaut training simulations, using skills such as problem-solving, physical fitness, and teamwork. A team of Lockerby students won, and are pictured here with Dr. Adam Sirek, family physician and Captain, Royal Canadian Air Force and astronaut candidate. Congratulations to our students who really showed that they are ready for whatever science exploration they choose!





HEADSTRONG SUMMIT

Lockerby participated in the HEADSTRONG Summit where students listened to guest speakers, attended breakout sessions, and heard the message about ending the stigma surrounding mental wellness. Our student leaders who attended this summit are now empowered and energized to bring this message back to their classmates and to *Stand Up for Change*.



OUR GRADE 12 HEALTH CARE PROGRAM

By Cameron H.

The owner of H.E.A.T., Nichelle Thomson, came into our grade 12 health care classroom this week to talk about her career as an athletic therapist and manual osteopath. She also told us that she was studying the ancient Chinese art of acupuncture. She didn't just only teach us about how she got to where she is, and what her next steps will be, she also explained some treatment options for a couple students who were having some pain in their body (ankle, elbow, back, and sinuses). Nichelle's presentation was interactive and she used a skeleton to help describe the natural motion and function of our joints and muscles, and showed us how an injured person's joint is moving atypically. The most important thing that she taught the class was that you couldn't just fix the area where there is pain because there could be an injury somewhere else in the body that contributes to the other injury.





SPIRIT WEEK AT LOCKERBY!

This week was Spirit Week at Lockerby Composite School. It was a lot of fun walking the hallways, visiting classrooms and seeing all of our staff and students showing their Viking Spirit. Great job Vikings!



CANCER DRIVE FUNDRAISER AT TONY V'S

The Lockerby Kids Caring for Kids Cancer Drive Committee would like to give a heartfelt thank you to the Lockerby students, families, and staff who dined at Tony V's on Thursday, September 20th to support pediatric cancer care at the Northeast Cancer Centre. The night was a big hit and a portion of the sales will be donated to our Cancer Drive. Every dollar raised here, stays here!

This weekend, the committee will be bagging groceries and accepting donations at the Regent Street Food Basics, so make sure to stop by on Saturday, September 22nd and Sunday, September 23rd, from 11:00 am - 3:00 pm. As well, mark your calendars for the motivational assembly on Thursday, October 11th and the night of cancer drive, Wednesday, October 24th. The committee greatly appreciates all of your support and has many more exciting events planned ahead to make this year's cancer drive another huge success!



LCS WRITING CLUB

Do you love to write? Are you creative? Would you like to have your work published? Do you want great conversation around writing? Lockerby's Writing Club is a fantastic place for students to work toward their writing dreams. Students can participate in National Novel Writing Month (NANOWRIMO) as well as numerous writing competitions. We are also hoping to create a school anthology of student writing. Come and join Ms. Kovala and Ms. Kleinsteuber Mondays at lunch in Room 202.



INTERIOR DESIGN COURSE

This course is unique to the STEP Program at Lockerby, and is a popular option for grade 11 students. Like all technological courses here, it has a design-build focus, and encourages students to produce products and services for clients.



This week in interior design, we learned about product photography. Students practiced creating backdrops and positioning lighting to take effective photographs of their work. Design students at Lockerby are expected to build portfolios that demonstrate their progress. Photos are the most efficient way of illustrating the finer design features of a model or prototype. From this point forward, these students may now visit the STEAM Room from any class to set up lighting and use professional DSLR cameras for their own promotional purposes.

ENGLISH DEPARTMENT STRATFORD TRIP

Please note that our Stratford trip is now full. We are creating a waiting list in case any students need to back out of the trip. If your student would like to be on the waiting list, please have him/her see Ms. Kleinsteuber or email her at kleinsa@rainbowschools.ca. There is a mandatory meeting on **Tuesday**, **September 25th** at lunch in room 102 for all students attending this field trip. We will be assigning rooms and reviewing our itinerary.



LCS VISUAL ART

This week, senior art students completed an abstract painting to represent a sound visually. Sound options ranged from the deafening noise of a car crash to the gentle sound of bumble bees falling in love. Dana Simioni said the assignment challenged her to, "switch ideas about perception and combine senses by integrating sound and sight." The picture to the right shows what the artistic challenge produced.



THIS WEEK IN VIKINGS ATHLETICS . . .

The Cross-Country Running team participated in one of the most popular races of the season hosted at Fielding Park Wednesday afternoon. The teams consisted of 3 runners, each completing a 2x1km loop. Team categories included co-ed, mixed grades within a male or female team, as well as exhibition teams. The entire Vikes XC team ran outside their comfort zones in efforts to support their fellow runners. Loads of top 10 finishes were made and results can be found for athletes in the Google Classroom!





City Champions!

The women's golf team (Hannah Nykilchyk, Emily Laxton, and Kamryn Butler) captured our first city banner of the year and our men's team (Alex Runciman, Emmett Taillefer, Ryder Johnston, Nathan Stagg, and Jackson Herold) placed a solid 2nd. Individual winners included Hannah Nykilchyk capturing the gold while Emmett Taillefer and Alex Runciman tied for the silver. Good luck to those who will continue to play next week at NOSSA in North Bay!



Flag Football Season

The Flag Football team played their season opener on Thursday night at James Jerome Field. The girls played energetically while wearing smiles despite the wet conditions. The senior team came up short this time, however coaches Blasutti and Herold have confidence in the team and know they will learn from their experience. The junior team was successful at securing a tie and look forward to practicing next week where they will continue to enhance their individual skills. A special thank you to the fans and volunteers who came out to support the team.





THANK YOU

Thank you to Dr. Scott Keenan who shared his expertise, knowledge, and experiences with the grade 12 Kinesiology class and the grade 11 Medical Technology Class.

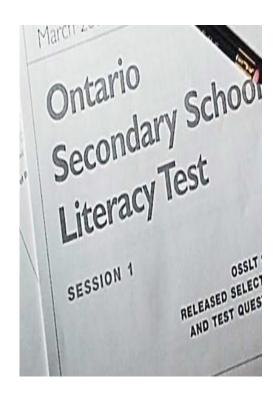


GRADE 10 LITERACY TEST

Each student in Ontario must write the OSSLT (Ontario Secondary School Literacy Test) as it is a graduation requirement and is written province-wide during Grade 10. The test is based on reading and writing skills from Grade 9. This year's test is March 27, 2019. A score of 300 or higher is deemed as successful. If a student is unsuccessful there is the option of taking the Ontario Literacy Course (OLC) at Summer School or taking the course semester 1 at Lockerby. Upon successful completion of the OLC course the student will meet the literacy graduation requirement and also receive a credit.

On Wednesday, October 3, 2018 all grade 10 students will be writing a sample booklet of OSSLT in one of their classes. Lockerby teachers will volunteer their time and mark the practice test and provide feedback to students. The results of the practice will be used to help provide additional supports in preparation for the March 27, 2019 test.

If you have any questions please contact the Program Leader of Literacy Ms. Baggs at baggsm@rainbowschools.ca or at (705) 522-1750 ext 6513.



STUDENT SERVICES

Presentations

Post Secondary Presentations Next Week
Cambrian College Monday September 24 at 10:00 am
College Boreal Tuesday September 25 at 1:00 pm
Georgian College Thursday September 27 at 8:30 am
Humber College Thursday September 27 at 1:15 pm

University Information Evening October 18th from 7:00 pm - 9:00 pm

Provincial universities travel across Ontario to provide information to high school students, parents, and/or guardians. Liaison officers will be available to answer questions on program offerings, admissions, scholarships and campus life.

College Information Program October 11th from 6:00 pm - 7:30 pm

The Ontario College Information Program is the official "Colleges on Tour" event. Provincial colleges travel across Ontario to provide information to high school students, parents, and/or guardians. Liaison officers will be available to answer questions on program offerings, admissions, scholarships and campus life.

Enrichment

Women in Policing - Career Information Night Wednesday September 26, 2018

This event is inclusive to women, anyone who identifies as female, as well as transgender and non-binary participants who have an interest in the policing profession. Presentations will be hosted in Cambrian College's Gymnasium from 7:00 pm - 9:00 pm. To register, visit www.gspswomeninpolicing.eventbrite.com

SHAD Valley - Challenge, Innovate, Engage, Explore - Applications Due: November 19, 2018 SHAD is Canada's premier summer residential enrichment program for Grades 10, 11, and 12 students focused on STEAM (science, technology, engineering, arts and mathematics) and entrepreneurship. Each July, SHAD unites 700 Canada's brightest and best students across our host university campuses to offer them an opportunity to realize an uncommon purpose-to pursue their potential to change the world. The program runs from June 30 to July 26, 2019 across 13 university campuses from UBC to Dalhousie University. Applications are due November 19, 2018, for additional details on the program and for applications visit - www.shad.ca/apply. Students can also speak to a Guidance Counsellor for assistance with their application. See attached flyer for additional details.



STUDENT SERVICES

Community Events

Free Public Skating at Community Arenas

The City of Greater Sudbury's Corporate Strategic Plan includes the expansion of healthy initiatives to ensure that all residents have the ability to access leisure and recreational opportunities, regardless of ability to pay. One program that will be funded under this program is the city's Feel Free To Skate. Between September and December 2018, fees will be waived for all ages, adult and parents and tots public skating sessions at indoor areas. Dates and times for public skating vary by location. Schedules are available at www.greatersudbury.ca/yourarena or by calling 311.

Volunteering

Magical Paws

Magical Paws is having their Annual Fundraiser, Woof Fest, on Saturday September 29, 2018 at the Grace Hartman Amphitheatre at Bell Park. They are in need of volunteers to help with their Kids' Zone, which will have a fishpond, a lollipop pull, pin the tail on the dog, Plinko, and photo booth. Woof Fest runs from 10 am - 4 pm. See a guidance counsellor to sign up for this unique opportunity.

Take Your Kids To Work (Grade 9) November 14, 2018

Take Your Kids to Work

Guidance will be visiting Grade 9 classes in the next few weeks to provide information about this year's Take Your Kids to Work Day. Parents and guardians are encouraged to start to plan for this opportunity for their students by inquiring with their employers and booking the opportunity over the next few weeks. If you have any questions/concerns please do not hesitate to contact Guidance. A document has been attached for your review; parents and guardians can also visit the pr0vicncial website at http://www.thelearninpartnership.ca/what-we-do/student-programs/take-our-kids-to-work.



WHAT PARENTS NEED TO KNOW FOR NEXT WEEK . . .

Dan Watson, our social worker is in the school next week.

Monday, September 24: Cambrian College Presentation

Tuesday, September 25: Collège Boréal Presentation

Wednesday, September 26:

Thursday, September 27: Residential School Survivor Education Day (wear orange), Humber

College Presentation, and Georgian College Presentation

Friday, September 28: Professional Activity Day

Let's Connect

https://www.instagram.com/lockerbycomposite/ https://twitter.com/lockerbynet https://www.facebook.com/lockerbyvikings/ https://lockerby.rainbowschools.ca/

