



WEEKLY NEWSLETTER

Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!

TRACK AND FIELD 'A' CITY CHAMPIONS!

Congratulations to our Track and Field team that took home the City Championship this week! Keep reading on Page 4 to learn more about the championship victory!



COMPUTING AT CAMBRIAN COLLEGE

On Wednesday, Lockerby's Computing SHSM (Lockerby ICT) visited Cambrian College to learn about different computing options at the school. First, students learned about the Mechanical Engineering and Mechatronics programs and got to look at an industrial robot as well as student robotics projects. They then visited the Internet of Things Department and got an introduction to Arduino programming and wiring. Finally, they stopped by the Computer Systems Department where they learned about the Networking Program and the new Cyber Security Program. Our Vikings capped-off the day using their cyber-knowledge to solve problems in a cyber security game. It was a nice day that also included students coming back with some nice prizes!



ACCESSIBILITY DESIGNS

Our Grade 9 Technology classes were out doing health simulations for accessibility this week around the school. Our Vikings tried what it might be like to have visual impairments, use a wheelchair, have foot pain or to be pregnant among other things. Our classes found a few accessibility issues around the school, which we are now looking to address through a number of new design projects!



FREE TO BE ME

Lockerby students attended the FTBM conference at Cambrian College on Wednesday. They had the privilege of hearing messages about equity and diversity from community members such as Bradie Granger and Vincent Bolt. As well, Rainbow Schools Social Workers gave a presentation on supporting mental health. To top-off the day, students heard from Stonewall Riots Activist, Martin Boyce, who shared stories about his pursuit of equity.



Embrace Diversity:
Free to Be Me

LOCKERBY

THE SCHOOL OF SCIENCE AND TECHNOLOGY



CROSH VISIT

Students from our Medical Technologies course and Health and Wellness Specialist High Skills Major (SHSM) attended a workshop this week held by the Centre for Research in Occupational Health and Safety (CROSH). This workshop provided opportunities for our students to examine a mobile training laboratory, virtual medical assessments, technology to reduce vibrations, and course information from Laurentian University.



BIRDING

Members of Lockerby's Environmental Council made visits to Fielding Park and Lake Laurentian Conservation to participate in their 4th annual Birding Excursion this past Tuesday. They were able to identify close to 35 species of birds, including several warblers! Although it was a little chilly, it was well worth it!



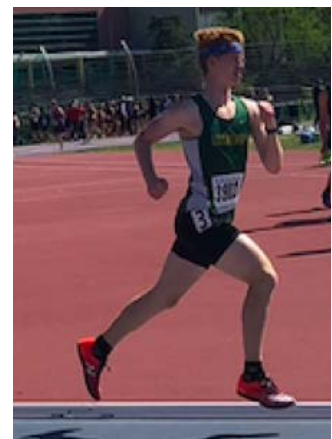
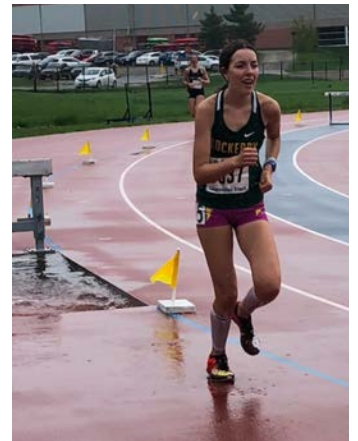
VIKING ATHLETICS UPDATE

Track and Field

Congratulations to the Track and Field team who captured the overall 'A' Girls and Boys aggregate banners this past Wednesday at the Laurentian University track! With far too many amazing accomplishments to list, below you will find a link to the complete results.

<https://sdssaa.rainbowschools.ca/pages/tfresults.htm>

Our Viking top individual aggregates (earning the most points) include Novice Girl Keena R. and Novice Boy Clark V.D., Junior Girl, Maeva S. and Junior Boy, Atom T., Senior Girl, Sydney C. and Senior Boy, Brady D. Over 45 Lockerby athletes are moving on to compete at the NOSSA regional championships in Sault Ste. Marie on Wednesday and Thursday. Parents/guardians and athletes are asked to check the Google Classroom and complete the forms for more details.



VIKING ATHLETICS UPDATE

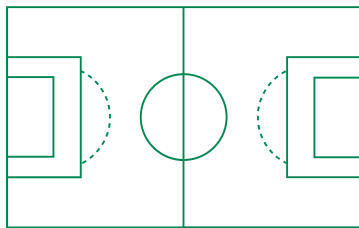
Co-Ed Volleyball

On Tuesday our Junior Volleyball teams competed in the 3rd season tournament hosted at our school, and both teams made it into the finals! In that final face off, our A team took the win in a very close 2 sets to 1 game. Our Senior Volleyball teams compete on Friday. 'Super' job, Vikings!



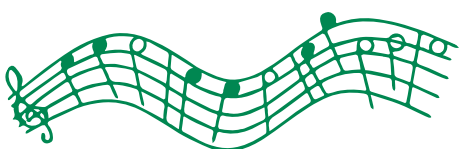
Soccer

Congratulations to our Girls Soccer team on an amazing season! Their last game of the season was against Confederation Secondary School.



MASKED DJ

The latest reveal of Lockerby's Masked DJ happened this past Monday! Last week's Masked DJ was Ms. Harvey! This week, we heard songs from the Temptations, Jimmy Hendrix, and Lenny Kravitz! Who could this week's Masked DJ be?



Ms. Harvey

STUDENT COUNCIL - FACES OF LOCKERBY

A message from your Student Council:

Hello Vikings! During our second semester, we will continue to post photos of Lockerby students and staff, and will continue to share their stories, experiences, and insights. Through this project, we aim to foster compassion, understanding, and school spirit with our Lockerby Community! Please reach out to Student Council members if you're interested (or know of someone who may be interested) to be featured!

Faces of Lockerby Teacher Spotlight: Ms. Kovala

1.) How long have you been teaching at Lockerby and what subjects do you teach?

I have been teaching in the English Department at Lockerby Composite School since 2006. I graduated from teacher's college in 1995 and started a full-time job teaching at a middle school in New Zealand in 1997. Since then, I've taught in elementary schools, special education programs, and high schools, in two countries and three school boards. I've stayed the longest at Lockerby Composite School because the students are the best!



2.) How do you take your coffee?

I love my coffee with cream. As a Finnish person, I think coffee runs in my veins.



3.) What is your favorite part about teaching?

My favourite part about teaching is the students, of course! I enjoy seeing how their writing develops over a semester and even from grade nine to grade twelve. Of course, as an author, I'm passionate about reading and writing. If I can pass on a little of my my enthusiasm to some of my students, I'm a happy teacher.



4.) What is one piece of advice you would tell your high school self?

If I could tell my high school self something it would be to trust myself and my decisions. I'm fortunate to have a mother who encouraged me to pursue post-secondary in an area that I loved, rather than think about job prospects, and that has made all the difference in my career pursuits. If you follow your dreams, you can make them happen with hard work and determination. Don't let anyone tell you that you can't. You can.

STUDENT VOTE 2022

Save the Date! On June 1st, Lockerby Vikings will be participating in the parallel Ontario Provincial election created by Student Vote. Everyone is encouraged to support students by discussing your political concerns with them. Elections Ontario has a list of the 8 Sudbury Riding Candidates!



STUDENT SERVICES

Grade 12

Graduation - Thursday, June 9th, 2022

We will be hosting our annual graduation on Thursday, June 9th, 2022 at Laurentian University's Fraser Auditorium. The doors will open in the Auditorium at 5:15 pm. All graduates will have a rehearsal at 9:00am on June 9th, 2022. Students are encouraged to review material on the Class of 2022 Google Classroom. If you have any questions or concerns please see Ms. Baggs or Mrs. Beaudry.

Accepting Offers of Admission

By Wednesday, June 1st, 2022, Ontario universities require a response to an offer and most likely a financial commitment (e.g., registration deposit, residence deposit, etc.). Please note that all other admissions-related elements including scholarships, student assistance or financial incentives, and residence are part of the offer of admission. Students must log into their OUAC accounts to accept their offers and it is a multi-step process. Students will receive a confirmation number once all of the steps in the process are completed. Responses are indicated on the Applicant Status Report under the 'Program Confirmed' column. It is important to understand the steps required to properly submit your response to the OUAC.

A video tutorial (<https://www.ouac.on.ca/ugrad-tutorials/#respond>) for online responses is available on the OUAC website and this video demonstrates the steps required to respond to a university offer of admission.

OSAP Applications OSAP

Once students have decided on the post-secondary college or university they want to attend, they can then apply for OSAP (if desired). This year, the application form is considered to be more user friendly! Students with questions linked to OSAP are encouraged to contact the Financial Aid Office of the post-secondary institution they plan to attend.

Grades 10 and 11

Summer Cooperative Education

The Rainbow District School Board has created a separate Google Classroom for students interested in Summer Coop. Students are encouraged to join this classroom to learn about placement opportunities and a variety of details regarding the upcoming program. The join code is - x5mqncj

Ontario Secondary School Literacy Test (OSSLT)

Congratulations to our Spring OSSLT writers. The spring scores are projected to be released to Ms. Baggs at the end of June 2022.



LIBRARY SERVICES

The Library is a great place to study, read, or unwind. Research help is available on the Gale database as well as the Library's database Insignia to assist you with your reports and assignments. We are open from 7:30am to 3:00pm!



MENTAL HEALTH RESOURCES

5 Ways to Ask for Help



1. Reach out to a caring adult

- a) Dan our School Social Worker
- b) Come to Student Services
- c) Speak with a staff member
- d) Talk with your family

2. Kids Help Phone

Phone: 1-800-668-6868
text CONNECT to 686868
www.kidshelpphone.ca

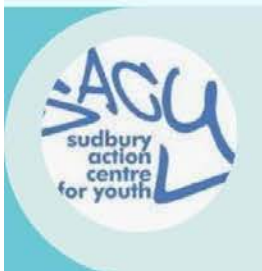


3. Crisis Intervention Services (Mobile Crisis)

Phone: 705-675-4760
24 hour hotline-365 days
Office Hours: 8:30 am to 10 pm
7 days/week No Appointment Needed

4. Shkagamik-Kwe Health Centre

Phone: 705-675-1596
Email: info@skhc.ca
www.skhc.ca



5. SACY (Sudbury Action Centre for Youth)

www.theactioncentre.ca

**"Healing takes time,
and asking for help is a courageous step."**

Mariska Hargitay~ Actor

WHAT YOU NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be at Lockerby Composite School next week.

Monday, May 23rd

• **VICTORIA DAY**

Tuesday, May 24th

Wednesday, May 25th

Thursday, May 26th

Friday, May 27th



Weekdays in Room 223

LET'S CONNECT



<https://lockerby.rainbowschools.ca>



<https://www.facebook.com/lockerbyvikings>



<https://www.instagram.com/lockerbycomposite>



<https://twitter.com/lockerbynet>



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