

# WEEKLY NEWSLETTER

Lockerby Composite School's weekly news on Viking academics, events, extra-curriculars, and more!

## VIRTUAL VIKING VACATIONS

Using their newly acquired photo editing skills, Mr. Smith's grade nine technology students 'traveled' to their favourite spots on the planet this week! In addition to this assignment, students also created a 'Fake News' story and designed some creative school subject graphics like the ones below.



## PARENT-TEACHER INTERVIEWS

Please note that interim report cards for all classes will be distributed to students on Tuesday, October 20th, 2020. Our Parent-Teacher Interviews have also been scheduled for Thursday, October 22nd, 2020 from 3:00pm - 6:00pm.

This year's Parent-Teacher interviews will be by Google Meet (online) or by telephone appointment. Lockerby Composite School staff will be reaching out to parents/guardians (via their student and/or email) to schedule appointment bookings. Please note that due to the volume of scheduled appointments, we will be adhering to each conference's allotted time.

We appreciate your patience as we switch to our new interview format.





# GRADE 11 BIOLOGY

This week, our Viking Biologists had to build labelled models of cells to show their structures. They chose the format that they preferred..some used plasticine, balloons, beads, and some even used cake!



Cell-tacular Creations!





## GRADE 10 HEALTHY ACTIVE LIVING

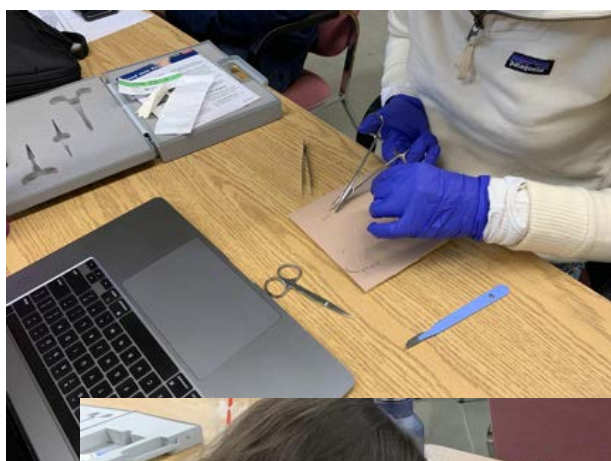
This week, our students in Grade 10 Healthy Active Living hit the tennis courts at James Jerome for some fresh air and fun!



## HEALTH CARE AT LOCKERBY COMPOSITE

By Vanessa C.:

This week in Ms. Hunda's Health Care class, we learned how to do simple interrupted sutures. The class began by learning the process of preparing the patient, preparing the necessary tools, and administering the sutures. Each of us were supplied with a "kit" that contained a piece of fake skin, surgical pickups, surgical scissors, a clamp, and a piece of nylon surgical thread attached to a needle. We were then able to demonstrate our new skill and execute several stitches on the piece of fake skin that had a "laceration" cut into it. Overall, the class was hard at work ensuring that they successfully closed the wound appropriately.





# THIS WEEK IN VIKING ATHLETICS...

## Golf

The official 2020 City Golf Championship portrait has been taken! Congratulations to our Viking golfers!



## Volleyball

Congratulations to our Senior Boys Volleyball Team who defeated Confederation Secondary School 3-0 in their season opener on Wednesday. Remarkable plays were made, and the team was able to stay focused and keep good communication on the court.





## THIS WEEK IN VIKING ATHLETICS...

### Flag Football

A big congratulations goes out to our Senior Girls Flag Football Team who defeated Lo-Ellen Park 14-0! Our Senior Team made some excellent offensive plays switching the score up with both touchdowns and conversions. Our Viking defense kept the Knights back too! Great work ladies!



Another big congratulations goes out to our Junior Girls Flag Football Team who also beat the Lo-Ellen Park Knights 8-7! Already, our Junior Girls are making interceptions, improvising plays and learning how to rule the field!





## THIS WEEK IN VIKING ATHLETICS...

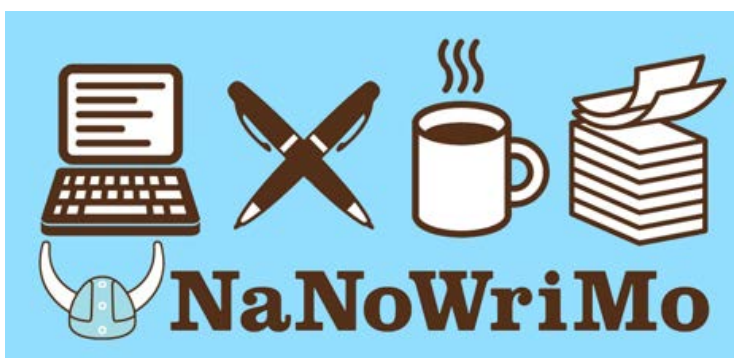
### Cross Country Running

Kudos goes out to all of our runners from the cross country team who competed at the first Kivi Park preliminary event on Thursday. Our school team had one of the fastest overall average school times, due to the effort of every single runner who competed! Travis was among the top ten Senior Boys, Callum and Liam were among the top ten Novice Boys and James was among the top three Novice Boys. Abby was among the top three Senior Girls, Kaija was among the top five Junior Girls and Bay was among the top three Novice Girls. Lauren P. was not only the fastest Novice Girl from Sudbury on the day, but this Grade 9 'Mighty Viking,' in her first ever high school race, was the fastest out of all Sudbury girls of any age! Great Job Vikings!



## ATTENTION VIKING WRITERS!

Do you write poetry, short stories, or novels? Do you want to improve your craft or just find extra time to write? Did you know that November is National Novel Writing Month (NaNoWriMo)? Learn all about it at Lockerby's Young Writers' Club. The group meets from 2:30pm - 3:30pm on Wednesdays in Room 202. New writers are always welcome! See Ms. Kovala for details.





# LOCKERBY VIKINGS

## SPIRIT WEAR

Deadline: October 25th, 2020

To place your order go to our website  
[www.king-sportswear.myshopify.com](http://www.king-sportswear.myshopify.com)



**HOODIE \$50**  
Twill Logo - Front Chest



**BUFF \$10**  
Printed Logo



**BALL CAP \$15**  
Embroidered Logo



**TOQUE \$15**  
Embroidered Logo



**PERFORMANCE T-SHIRT \$18**  
Printed Logo - Front Chest



**PERFORMANCE LONG SLEEVE T-SHIRT \$22**  
Printed Logo - Front Chest



**BEANIE \$12**  
Embroidered Logo



**COTTON T-SHIRT \$15**  
Printed Logo - Front Chest



**VINYL STICKER \$5**  
Printed Full Color



## STUDENT SERVICES

### Post-Secondary Information Virtual Presentation

**Monday, October 19th, 5:00pm - 6:00pm**

Student Services will be hosting a live presentation to deliver information regarding post-secondary applications, pre-requisites, and scholarships. This event is a perfect opportunity to get students started on the right path for upcoming applications! A Google Meet link will be provided on Lockerby's Student Services Google Classroom just prior to the start of the presentation. Hope to see you there!

### Post Secondary

Students are reminded to book virtual sessions with post secondary institutions over the next few months. These sessions provide a wealth of information to guide the transition from high school to post secondary. Students can access the bookings on individual university websites. We have provide a list of some events students and their families can consider:

- Algonquin College
  - Thursday, October 22nd, 2020 from 5:00pm - 8:00pm
  - Visit - <https://www.algonquincollege.com/pembroke/>
- University of Ottawa
  - Four Open House events:
    - Saturday, October 24th, 2020 from 7:00am - 11:00am (Science, technology, engineering, mathematics and health sciences)
    - Saturday, November 7th, 2020 from 7:00am - 11:00am (Humanities, arts, social sciences, law, business management and education)
    - Saturday, November 14th from 1:00pm - 5:00pm (Science, technology, engineering, mathematics and health sciences)
    - Saturday, November 21st from 1:00pm tp 5:00pm (Humanities, arts, social sciences, law, business management and education)
    - <https://www.uottawa.ca/undergraduate-admissions/admission-events/open-house#register>

### Community Service Opportunity

Sudbury Shared Harvest in partnership with the Chelmsford community garden and Chelmsford Valley District Public School, is looking for volunteers to plant an edible forest garden at Cote Park. Planting will take place on Saturday, October 17th and Sunday, October 18th, 2020. In keeping with COVID-19 protocols, organizers ask those interested in volunteering to contact them at [year@sudburysharedharvest.ca](mailto:year@sudburysharedharvest.ca) or 702-222-5407 to confirm attendance. Further details will be provided at that time.

### Enrichment Opportunities

SHAD is Canada's premier summer residential enrichment program for Grade 10, 11, and 12 students focused on STEAM (science, technology, engineering, arts and mathematics) and entrepreneurship. The program runs during July across 13 university campuses from UBC to Dalhousie University. For additional details on the program and for applications visit SHAD Valley's Website or stop by our Guidance Office. Two years ago, our very own, Nethra W. participated in this unique program! Visit the following website to learn more - <https://www.shad.ca/>

Each year, 40 students graduating from high schools and CEGEPs are selected from across Canada to participate in the House of Commons Page Program. Pages are undergraduate students who are registered as full-time students at one of the four universities in the National Capital Region. They work on a part-time basis during their first year of study. Students are invited to explore this Page Program in greater detail by visiting the House of Commons Website - <https://www.ourcommons.ca/about/pageprogram/index-e.html>





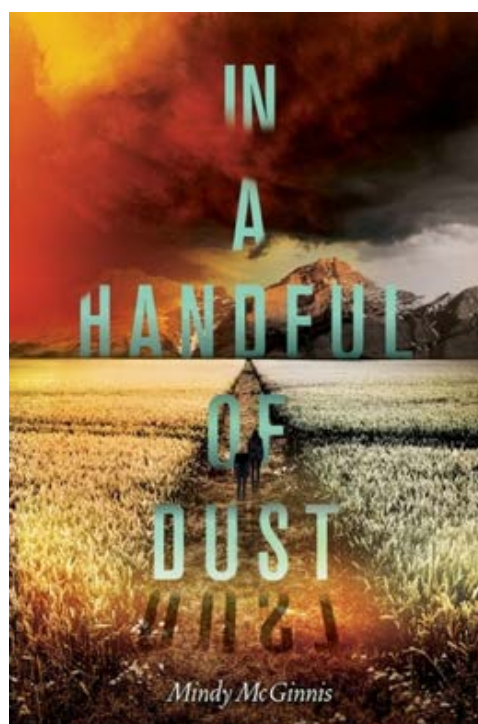
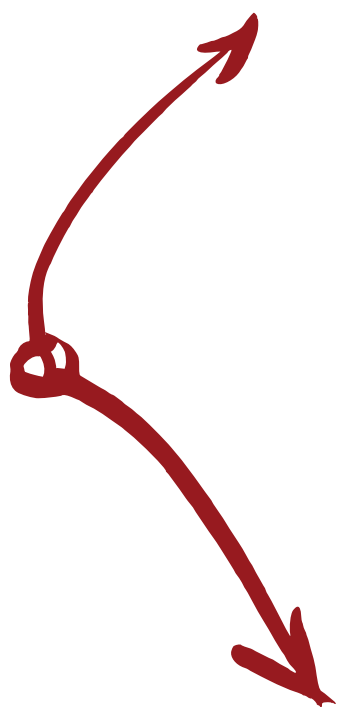
## LIBRARY SERVICES

It just got easier to check out a book!

Starting on Monday, October 19th, 2020, students will be able to come to the Library in the morning between 8:00am - 8:20am and after class from 2:20pm - 3:00pm to check out or return a book. Strict COVID-19 policies and procedures are in place for everyone's safety.

Only 8 students will be allowed in the Library at one time. Our Vikings are reminded to please wear their masks, social distance, and sanitize upon entering and exiting the Library.

Looking for something to read? The library has many new books to choose from and you'll find them on the library database Insignia. We will also be showcasing a new book each week so be sure to read our weekly newsletter to see what exciting novel is waiting to be checked out! Contact Mrs. Gordon at [gordonp@rainbowschools.ca](mailto:gordonp@rainbowschools.ca) if you want to check out a book.



Lucy's life by the pond has always been full. She has water and friends, laughter and the love of her adoptive mother Lynn. When disease burns through the community, the once life-saving water of the pond might be the source of what's killing them.

Rumors of a 'normal' lifestyle in California set Lucy and Lynn on an epic journey west to face new dangers : hunger, mountains, deserts, betrayal, and the perils of a world so vast that Lucy fears she could be lost forever, only to disappear in a handful of dust.

## TAKE ME OUTSIDE DAY!

Next Wednesday is national 'Take Me Outside Day' and Lockerby Composite School's Environmental Council will be encouraging the community to take some time to be inspired by the great outdoors! Our Environmental Council will be inviting Vikings to participate in a community clean-up walk at both lunches next Wednesday (in and around our school property).

There will also be a #TMOday picture challenge via their [@lockerby\\_environmental\\_council](https://www.instagram.com/lockerby_environmental_council) Instagram Page - with prizes for the best nature selfie!

Stay tuned for more details on the morning announcements next week!







Attention  
Graduates of 2020:

Please go to the  
Google classroom  
to fill out  
a very important  
Google form by  
Wednesday,  
October 21st.

Contact  
Student Services if  
you require  
assistance.



Lockerby Composite School



# Join us...

Tuesday, October 20, 2020  
In person or online

## Parent Involvement Committee Annual General Meeting

Rainbow District School Board  
Ernie Checkeris Boardroom  
Centre for Education  
408 Wembley Drive

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**Tuesday, October 20, 2020**  
**Annual General Meeting - 6 pm**  
**Panel Discussion - 7 pm**

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### Topic: Education in the Era of COVID-19

**Special Guest:** Stacey Gilbeau, Program Director  
School Health, Vaccine Preventable Diseases and COVID Prevention  
Public Health Sudbury & Districts

All parents/guardians are welcome to attend in person or online.

**Participants must pre-register by Friday, October 16, 2020 online at:**

[bit.ly/rdsbpicagm](https://bit.ly/rdsbpicagm)

In person participants will be limited and must follow health and safety protocols.



To learn more about parent involvement,  
visit [rainbowschools.ca](https://rainbowschools.ca) and click on Parents.

 **Rainbow Schools**  
*Reaching minds. Touching hearts.*



## WHAT PARENTS NEED TO KNOW FOR NEXT WEEK...

Dan Watson, our school Social Worker, will be at Lockerby Composite School next week.

Hazel Fox-Recollet, our school Aboriginal Support Worker, will be at Lockerby Composite School next week.

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|-------------------------|--|
| Monday, October 19th    | • Breakfast Club (223)   |
| Tuesday, October 20th   | • Interim Report Cards distributed in homerooms                              |
| Wednesday, October 21st | • Take Me Outside Day (Environmental Council)<br>• Breakfast Club (Room 223) |
| Thursday, October 22nd  | • <b>PARENT-TEACHER INTERVIEWS</b>   |
| Friday, October 23rd    | • Croctober - wear your crocs<br>• Breakfast Club (Room 223)                 |



## LET'S CONNECT



<https://lockerby.rainbowschools.ca>



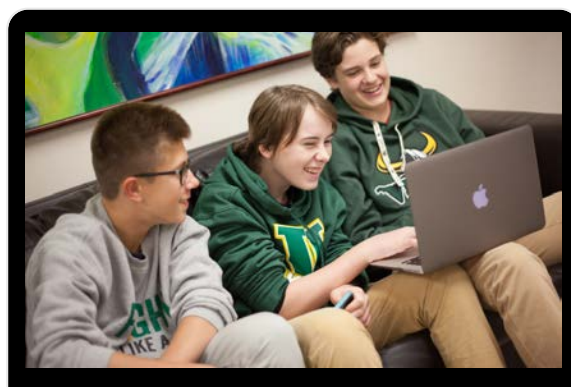
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