

LEARNING ABOUT THE Z-TRACK TECHNIQUE IN HEALTH CARE!

By Roderich K.

This week in our Grade 11 Health Care, we learned how to give intramuscular injections using the Z-Track technique - an important skill for anyone hoping to go into the health and wellness field! After planning out tip sheets for the technique, we were given the chance to practice this new skill. Don't worry, no students were harmed in the process of this lesson!



LOCKERBY

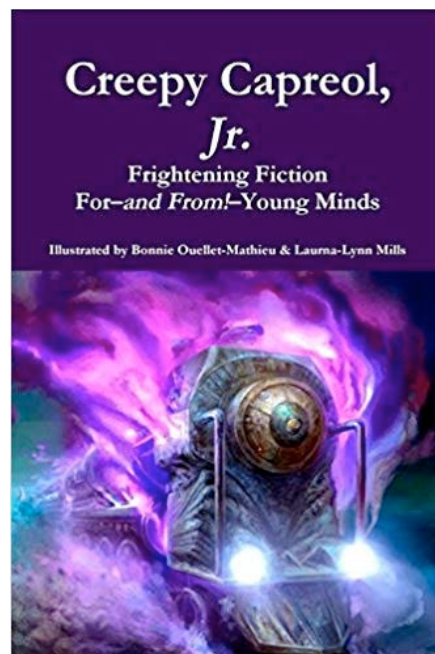
THE SCHOOL OF SCIENCE AND TECHNOLOGY

CONGRATULATIONS TO ALISON AND JENNA

Congratulations to Alison S. and Jenna K. on the acceptance of their short stories for publication in the upcoming anthology *Creepy Capreol, Jr. 2: Too Many Zombies*. Alison and Jenna wrote short stories for Ms. Kovala's grade nine English class and submitted their work for consideration by the editor, Mat Del Papa. The stories will be included in the second installment of *Creepy Capreol, Jr.* alongside other student writers and local authors.



Way to go, Alison and Jenna!



GRADE 9 FRENCH IMMERSION GEOGRAPHY

Les élèves de géographie d'immersion 9e année développent un sentiment d'appartenance et des concepts de la pensée critique en géographie et apprennent en outre à apprécier la «fragilité» de la planète Terre. En peignant des œufs pour représenter la Terre, ils sont bien responsables de prendre soin de leurs œufs tout au long du semestre, afin d'approfondir leur compréhension de la fragilité de notre planète aujourd'hui.

As Grade 9 French Immersion Geography students develop a sense of place and learn concepts to think critically about the world around them, they are further learning to appreciate the 'fragility' of planet Earth. By painting eggs to represent Earth, students will be responsible to care for their eggs throughout the semester, to deepen their appreciation of the fragility of our planet today.



THIS WEEK IN VIKINGS ATHLETICS . . .

Hockey

Congratulations to the boy's hockey team for taking home the silver medal in the Division B Championships. Special thanks goes out to our coaching staff, Gerry, Joey, and Ken for their outstanding efforts this season and also to Kai N. for being our #1 fan!



LOCKERBY CHEERLEADING

Our season is well underway and we'll be heading to the National Cheerleading Championships in Brampton from April 12-14, 2019! To help us make this journey, consider purchasing some cookie dough or other treats from one of the cheerleaders or Ms. Hunda. Our final order will be placed on March 22nd with an estimated arrival date sometime during the week of April 8th! And...if pizza is your thing, then consider supporting our Celebrity Server night at Boston Pizza! We hope to see you there on Wednesday, March 20th, 2019 between 5:00pm - 8:00pm. And...consider purchasing Sudbury Five tickets. The cheerleaders are selling tickets for two different dates: Sunday, March 24th at 2:00pm and Wednesday, March 27th at 7:00pm. Tickets are \$15/each.






LCS AND BP INVITE YOU TO...
BOSTON PIZZA CELEB NIGHT!
 JOIN US FOR A STAR STUDED EVENT



Come to Boston Pizza
 Wednesday, March 20 5:00-8:00pm
 10% of your bill will go to the
LCS Competitive Cheerleading Team

For more info, contact Angie Hunda
 705-522-1750
 hunda@rscloud.ca

LOCKERBY GRADUATE SPEAKS TO ARCHITECTURE STUDENTS

On Wednesday, Lockerby Composite's grade 11 and 12 architecture students were treated to a guest presentation by Brooke Smith (Class of 2018). Brooke is currently enjoying her second semester at the McEwen School of Architecture and she shared her experiences with the current group of hopefuls. Her presentation included examples of her projects and photos of her studio space at McEwen. She also credited Lockerby's STEP program for teaching drafting and wood shop skills - both of which have served her well. "I love my program," said Brooke when summing up her impressions of her time so far at McEwen. It is a sentiment echoed by other former Lockerby grads who have shared their experiences in semesters past.



COMING TO OUR SCHOOL: A NEW WAY FOR PARENTS TO PAY

Rainbow District School Board is introducing a new way for parents to pay for field trips, yearbooks, spirit wear, athletic fees, and more. It's called **School Cash Online** and it's being launched at our school this spring.

School Cash Online is safe, simple, secure, and saves time. Learn more at rainbowschools.ca/schoolcashionline. Sign-up for **School Cash Online** this spring.



Coming Soon!

A new way for parents to pay:
School Cash Online

- field trips
- spirit wear
- hot lunches
- athletic fees
- yearbooks
- and more!

Get ready to sign up!

Learn more at rainbowschools.ca/schoolcashionline

MARCH BREAK TIME!

A message from Mr. Runciman and Mr. Lafraniere to all students, parents/guardians, staff, and community members:

We would like to wish everyone a restful, safe, and happy March Break to all of our Viking family members.

We look forward to seeing everyone back in the building on Monday, March 18th, 2019!



MARCH BREAK

INTERIM REPORT CARDS

Interim Report Cards will be distributed in all classrooms on **Tuesday, March 19th, 2019.**



Lockerby Composite School
PROGRESS REPORT

Date: September 26, 2018

Student Name: John Smith

Course Code: MCR3U0-01 / Functions

Teacher: Mr. J. Trudeau Email: trudeaj@rainbowschools.ca

Total Absences: Total Lates:

- Excellent progress to date Satisfactory progress to date
 Very good progress to date Unsatisfactory progress to date
 Good progress to date

MARK RANGE					
90-100		80-89		70-79	
50-59		40-49		30-39	0-29

WELL DONE		AREAS FOR IMPROVEMENT	
<input type="checkbox"/>	Excellent progress to date	<input type="checkbox"/>	Needs to arrive to class prepared
<input type="checkbox"/>	Very good start	<input type="checkbox"/>	Needs to improve quality of assignments
<input type="checkbox"/>	Good effort and cooperation	<input type="checkbox"/>	More practice would be beneficial
<input type="checkbox"/>	Works well in class	<input type="checkbox"/>	Needs to improve organization
<input type="checkbox"/>	Arrives prepared and on time	<input type="checkbox"/>	Needs to complete all assignments
<input type="checkbox"/>	Contributes positively	<input type="checkbox"/>	Needs to improve participation
<input type="checkbox"/>	Attentive in class	<input type="checkbox"/>	Needs to attend on a regular basis & on time
<input type="checkbox"/>	Interacts well with classmates	<input type="checkbox"/>	Behaviour is off task and/or disruptive
<input type="checkbox"/>	Communicates well	<input type="checkbox"/>	Needs to follow safety procedures
<input type="checkbox"/>	Advocates for themselves	<input type="checkbox"/>	Technology is a distraction

COMMENTS

PARENT/TEACHER INTERVIEWS

Parent/Teacher Interviews will be held on **Thursday, March 21st, 2019** from **3:00pm - 6:00pm**. Bell times for the day will not change (regular schedule). Parents/guardians wishing to come on interview day will also be asked to make appointments to meet their student's teachers. The sign-up process will be explained to students on Tuesday, March 19th, 2019 in their classes.



LOCKERBY COMPOSITE SCHOOL
PARENT-TEACHER INTERVIEWS APPOINTMENT SLIPS

2018 - 2019



Parents/Guardians are invited to attend Parent Teacher Interviews on **Thursday, March 21, 2019** from 3:00 pm to 6:00 pm. Please send your interview request times with your son/daughter to arrange for an appointment with each teacher. It is the responsibility of your son/daughter to confirm your exact appointment time with each teacher and communicate this with you.

We look forward to seeing you!

Student Name

Parent/Guardian

KIDS CARING FOR KIDS CANCER DRIVE: 2020

**Attention Students in
Grades 9, 10, & 11**

**Lockerby's 2019 Kids Caring for Kids Cancer Drive Committee Applications
are now available!**



Please fill out the application form in the [Google Classroom](#)

using the following code: **o2xn343**

**Applications and teacher references are due no later than Friday, March 22nd, 2019.
Successful candidates will be contacted for an interview in early April. Committee
duties begin in late April and run until November 2019.**

ONTARIO SECONDARY SCHOOL LITERACY TEST (OSSLT)

There is a list posted outside of Student Services for all Grade 10 OSSLT writers to check to make sure that their names are listed for writing and to find out what room number they are in for the administration of the March 27th Literacy Test. Attendance and preparation this for test is very important as it is a graduation requirement.

All literacy writers are to report to school by 8:15 am on March 27th and to proceed to their testing room. The students cannot have any technology in the testing room until they have completed both booklets.



**ATTENTION
GRADE 10 STUDENTS!**

**OSSLT
Approaches
Quickly!**



WEDNESDAY, MARCH 27TH, 2019



**ENSURE YOU ARRIVE PROMPTLY FOR
8:15 AM**

**See or email Ms. Baggs in
Student Services if you have any
questions at baggsm@rscloud.ca.**



STUDENT SERVICES

Grade 12

Convocation - Monday June 3rd, 2019

A reminder that this year's convocation will occur on Monday, June 3rd, 2019 at Cambrian College. The ceremony will begin at 6:30pm.

Post Secondary Open Houses

Cambrian College

On Saturday, April 6th, 2019, Cambrian College will be hosting an Open House for prospective students. The Barrydowne campus will be open to the public from 10:00am - 2:00pm. To learn more about this opportunity or to pre-register, please visit Cambrian College's website at <http://cambriancollege.ca/events/spring-open-house/> Western University

Laurentian University

Laurentian University will be hosting their spring Open House on Saturday, March 9th, 2019 with information sessions occurring at 10:00am, 11:00am, and 1:00pm. Students are asked to register through the application portal: my.laurentian.ca. Can't make it to their Open House on March 9th? Visit during March Break for a MEGA Campus Tour!

Enrichment

McMaster University - Engineering

McMaster University is offering a summer L.E.A.P. Program for students in grades 9 through 12. The program provides students with an opportunity to experience engineering and science in a university environment. The participants will learn about engineering through lab experiments, design challenges, and industry tours. Each two-week session occurs throughout July and August. Visit the school's web site to learn more about the program - leap.mcmaster.ca

University of Toronto Youth Summer Program for Law & Medicine

The YSP was established in 2008. Every summer, students from across North America and around the world are offered an exclusive glimpse into the worlds of Medicine and Law. A unique modular-based approach has been used to provide students with a diverse set of subject areas and flexibility. YSP students gain understanding of the practice of Medicine and Law, career opportunities in these fields and leave equipped with post-secondary education access and success strategies. YSP takes place in the months of July and August at the downtown St. George campus, and range in length from one to six weeks. For more information, such as program content, dates, and fees, please visit the website at www.ysp.utoronto.ca

Harvard Summer School

Every summer, more than 2,000 motivated high school students from around the world are selected to attend Harvard Summer School and experience university life. University is your next big step after high school. Harvard Summer School offers a variety of university readiness activities like campus tours of Harvard itself, MIT, Boston College, Tufts University, and more. Seminars and workshops provide perspective on various topics like social media awareness, admission essay writing, reading and study strategies, and university test-taking. For additional information, visit the school's web site - <http://www.summer.harvard.edu/high-schoolprograms/secondary-school-program> or email the school at summer@dcemail.harvard.edu

WHAT PARENTS NEED TO KNOW FOR OUR WEEK BACK . . .

Dan Watson, our Social Worker is in the school the week back from the March Break.

Nurse Holly, our Public Health Nurse is in the school our first Wednesday back.

Monday, March 18th

Tuesday, March 19th

- OSSLT Practice Day in Room 102

Wednesday, March 20th

- OSSLT Practice Day in Room 102

Thursday, March 21st

- OSSLT Practice Day in Room 102
- **PARENT-TEACHER INTERVIEWS**
3:00 PM - 6:00 PM

Friday, March 22nd

- OSSLT Practice Day in Room 102

Let's Connect



<https://www.instagram.com/lockerbycomposite/>

<https://twitter.com/lockerbynet>

<https://www.facebook.com/lockerbyvikings/>

<https://lockerby.rainbowschools.ca/>

