

LCS News Update | October 22 - 26, 2018

# KIDS CARING FOR KIDS CANCER DRIVE: \$44,500.00!

Way to go, Vikings! We were able to raise nearly \$44,500 on Wednesday, October 24<sup>th</sup> for our annual Kids Caring for Kids Cancer Drive. 350 Lockerby and MacLeod students went out into the cold to canvass the streets of Sudbury to raise awareness and donations for the Northern Cancer Foundation's Pediatric Unit. Every Viking helped continue the legacy of kids caring for kids and showed their school spirit. The Cancer Drive Committee couldn't be more proud of everyone's enthusiasm and contributions. Everyone showed amazing Lockerby pride and truly defined what it means to be a Viking. Thank you so much and well done!



# CKERF THE SCHOOL OF SCIENCE AND TECHNOLOGY







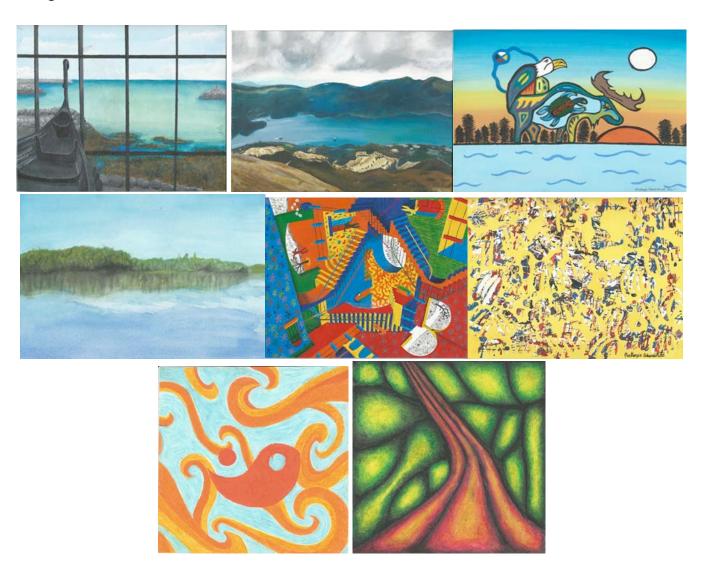






# LOCKERBY'S VISUAL ARTS

This week, Journal Printing announced their choices for the 2019 Rainbow District School Board calendar competition. Out of the twelve months available, Lockerby students won eight spots in the calendar- in fact, all of the artworks submitted by Lockerby artists were chosen for the calendar. Choices included works by 2018 graduates Rya F., Shannon V., Kate P., Jenna N., Mia J., Autumn D., and current grade 12 student Mackenzie P. Way to go Viking artists!





# THIS WEEK IN VIKINGS ATHLETICS . . .

# **Cross-Country Running**

The cross-country running team competed at NOSSA on Wednesday against athletes from across northern Ontario on the trails of Kivi Park. Athletes who have been training regularly with the team throughout the season showed deserved improvements in their times, having competed on the same course last week at the city SDSSAA championship. Abby L. placed a very solid 5<sup>th</sup> place in midget girls race improving her time by 32s. Midget girls Halle, Ella, and Beverly improved their times by 1:43min, 2:06min, and 2:06min respectively. In the midget boys race, Travis improved his time by 25s while Carver, Drayden, Konrad, and Brady improved their times by 17s, 3:00min, 1:17min, and 45s respectively. Emily and Rebecca finished in the top ten amongst junior girls, improving their times by 1:25min and 12s respectively, while junior boys Theo and Will each improved their times by 1:13min. The seniors were led by Kamryn who improved her time by 52s and Logan who improved his time by 1:00min despite running on a sprained ankle. The team has had a successful season and will continue to train alongside Emily and Abby who will be competing at the all-Ontario OFSAA championship in Hamilton.



# THIS WEEK IN VIKINGS ATHLETICS . . .

## Junior Flag Football

The Lockerby junior team finished their season in a game against St. Benedict's S.S. Although they lost by one point, the girls put-up a strong fight. The team, which is entirely rookie grade 9's and 10's, had a good season and had some fantastic plays. Special thank yous to coach Blasutti and also to Jackson, Will, and Sophie for helping-out.





# Senior Flag Football

The Lockerby senior team played their quarter-final last night against Confederation S.S. It was a tight-game, but our Vikings managed to secure a 3-1 win over the Chargers despite the cold and wet conditions. Good luck to coach Blasutti and the team as they move into semi-final action next week. A special thank you goes out to the fans and volunteers who came out to support the team.



# **NEXT WEEK IN VIKINGS ATHLETICS...**

## **Swimming**

The Lockerby swim team continues to train weekly at Gatchell Pool from 3:00pm to 4:00pm. Coaches are seeking individuals in grade 9 and 10 with any swimming experience to join in the fun! Our first 'Try-it meet' is Thursday, November 8<sup>th</sup> while SDSSAA/NOSSAA will be held Wednesday December 12<sup>th</sup> (both at the Howard Armstrong Pool in Hanmer).



# **GRADE 12 HEALTH CARE**

By: Alexie T.

In our health care class this week, we dove into practicing simple interrupted sutures. We focused on the critical steps required to perform this specific type of suture properly. We performed these sutures ourselves on synthetic skin to simulate a real-life scenario while being provided with instructions to be able to properly execute them. Overall, it was quite the learning experience, it was very informative, and was a great opportunity.



# STUDENT SERVICES

#### **Special Events**

# Viking Scholar Day - Thursday, November 1st, 2018

Parents and guardians are reminded that our annual Viking Scholar Day will take place Thursday, November 1<sup>st</sup> at 9:30am. We look forward to seeing our students' parents and guardians at this year's ceremony!

# Take Your Kids To Work - Wednesday, November 14<sup>th</sup>, 2018

This year's Take Your Kids To Work Day will be occurring on Wednesday November 14<sup>th</sup>. Parents and guardians are reminded to submit their student's permission forms to guidance over the next few weeks. If you have any questions/concerns please do not hesitate to contact our Guidance Office. Also, please visit the learning partnership's website for more details: http://www.thelearningpartnership.ca/what-wedo/student-programs/take-our-kids-to-work

## **Open Houses**

# Laurentian University - Saturday, November 3<sup>rd</sup>, 2018

Grade 12 students and their families are encourage to attend this year's open house to learn more about the exciting programs at Laurentian University. The open house will occur from 10:00am to 2:00pm. Students can pre-register for a chance to win a number of prizes at https://laurentian.ca/openhouse

# Cambrian College - Saturday, November 3<sup>rd</sup>, 2018

Mark your calendars and save the date! Cambrian College's Fall open house is your opportunity to find out more about the College, your program of choice, and get a glimpse of what life at Cambrian is like. Students who register prior to November 1<sup>st</sup> will be entered into a draw for a number of prizes. Register at http://cambriancollege.ca/events/fall-open-house/

#### **Enrichment**

#### House of Commons Page Program

The House of Commons Page Program has officially launched their recruitment campaign and will be accepting applications until December 3<sup>rd</sup>, 2018. All applications must be submitted online through the Parliament of Canada website at ourcommons.ca/page. One of our recent graduates, Kayleigh J. is currently part of this prestigious program.

#### LGBTQ2+ Youth Group

Shkagamik-Kwe Health Centre is opening a youth group for LGBTQ2+ youth. All youth who identify as LGBTQ2+ between 13-18 are welcome- it is not only for Indigenous youth. For more information, please contact: Vincent Bolt (he/him/il) BA, BSW, RSW, Education Manager at 705-673-4396 ext. 201 or 705-207-4873.

#### The WISE and PEO Science and Engineering Career Cafe

The WISE and PEO Career Cafe will take place on Wednesday, November 14<sup>th</sup>, 2018 at Science North's Vale Cavern. This free event is designed for students to explore career options in science and engineering. Five panelists, who are at various stages of their careers, will be on site to discuss their experiences. Please see attached document for additional information.

# STUDENT SERVICES

# **Grade 12 Students Post-Secondary Applications**

Students will be completing their post-secondary applications with a Guidance counsellor in our library from November 29<sup>th</sup> - December 5<sup>th</sup> , 2018.

The application fees for this year are as follows:

## College Applications:

\$95.00 (5 choices will be provided with this fee)

## University Applications:

\$150.00 (3 choices will be provided with this fee; additional choice fee \$50.00 per selection).

In order to ensure that students are ready for this process, they are encouraged to start to prepare their short list of schools over the next few weeks. There are a number of helpful resources including three online websites:

#### eINFO

A guide to Ontario universities for high school students. This guide is an excellent resource for students, parents/guardians providing information on programs, prerequisites, and even includes details on meal plans and residence. Visit http://electronicinfo.ca

### OUAC (Ontario University Application Centre)

Students can research various university programs throughout Ontario. Visit http://www.ouac.on.ca/resources/

#### OCAS (Ontario College Application Service)

Students can research various colleges and programs throughout Ontario. Visit http://www.ontariocolleges.ca/FindProgram

In preparation for this year's graduation ceremony, Guidance will be renting graduation gowns from Gaspard and Sons. There will be a \$40.00 fee for the rental which will be collected during the post-secondary applications. The fee will increase to \$45.00 after December  $5^{th}$ , 2018.

# Post-Secondary Presentations at Lockerby Next Week:

Nipising University:

Ontario Institute of Technology:

Ottawa University:

Canadore College:

Queen's University:

Monday, October 29<sup>th</sup>, at 8:30am

Tuesday, October 30<sup>th</sup>, at 10:00am

Tuesday, October 30<sup>th</sup>, at 1:15pm

Wednesday, October 31<sup>st</sup>, at 12:00 pm

Thursday, November 1<sup>st</sup>, at 1:15pm

# HEALTH AND WELLNESS: SPECIALIST HIGH SKILLS MAJOR (SHSM)

By: Roderich K.

On Wednesday, October 24<sup>th</sup>, students in Lockerby Composite's Health and Wellness SHSM program visited Health Sciences North for the Prevent Alcohol and Risk-related Trauma in Youth program- better known as simply the P.A.R.T.Y Program. The day started-off with presentations from paramedics and police, highlighting the dangers of impaired driving. Students were then given a tour of the hospital's trauma bay, ICU, and rehabilitation unit, where they got just a glimpse of the long road to recovery that comes after an alcohol-related accident. The day finished with an inspiring survivor presentation, given by Candace Kirkbride.





# WHAT PARENTS NEED TO KNOW FOR NEXT WEEK . . .

Dan Watson, our social worker is in the school next week.

Monday, October 29<sup>th</sup>

• Nipissing University Presentation

Tuesday, October 30<sup>th</sup>

• UOIT and Ottawa University Presentations

Wednesday, October 31st

• Canadore College Presentation

In-school Halloween Haunted House

Thursday, November 1<sup>st</sup>

Viking Scholars Day

Queen's University Presentation

• We Scare Hunger Can Drive (5:00pm - 8:00pm)

Friday, November 2<sup>nd</sup>

# Let's Connect

https://www.instagram.com/lockerbycomposite/ https://twitter.com/lockerbynet https://www.facebook.com/lockerbyvikings/ https://lockerby.rainbowschools.ca/

